

PO Box 1121
 Bendigo
 Victoria 3552
 Phone: 5448 1624
 Fax: 5448 1699
 Email: blpcp@bchs.com.au
 www.blpcp.com.au

Newsflash

MAY 2011

INSIDE THIS ISSUE:

Bendigo Loddon Alcohol Action Plan Committee	2
Bendigo Elder Abuse Network	2
Diabetes in Loddon Action Group	2
Bendigo Family Violence Prevention Network	2
Congratulations Linda Kirkman	2
Bush Nursing Centenary Celebrations	2
Primary Health Workforce Development Care Planning	3
SCTT Revision 2012	3
Forum—Responsible Gambling Awareness Week	3
Communities in Control Conference 2011	3
Youth Mental Health First Aid	4
Connectingcare and E-referral Traffic	4
Medicare Local Application Meeting	4

Best Practice Integrated Health Promotion

Integrated health promotion is where organisations in a locality work together using a mix of health promotion interventions and capacity building strategies to address priority health and wellbeing issues. It is based on a social model of health and draws on the philosophies of health promotion outlined by the World Health Organisation and Australian national and state health promotion policies. The guiding principles of integrated health promotion are that activities should:

1. Address the broader determinants of health
2. Be based on the best available data and evidence
3. Act to reduce social inequities and injustice
4. Emphasise active consumer and community participation
5. Empower individuals and communities
6. Explicitly consider differences in gender and culture
7. Involve organisations working in collaboration

Do you use these seven principles when planning and implementing your health promotion activities?

How Can you Define the Strength of your IHP Partnerships?

If your partnership exchanges information for mutual benefit then you are **“Networking”**. Example: Organisations meet to share information about their goals, programs or projects.

If your partnership exchanges information and alters activities for mutual benefit and to achieve a common purpose, this is **“Coordination”**. Example: Organisations share information about program activities and then agree to change their program content and timelines to better serve their common clients/community.

If your partnership exchanges information, alters activities and shares resources for mutual benefit and to achieve a common purpose this is **“Cooperation”**. Example: Organisations share information about program activities, change their program content and timelines to better serve their common clients/community, and share physical space for programs or buses for transport to events or share other resources.

If your partnership exchanges information, alters activities, shares resources and enhances the capacity of others for mutual benefit and to achieve a common purpose, then this is **“Collaboration”**. Collaboration is the most advanced partnership and is a relationship in which each partner assists the other partners to become better at what they do.

Each of these processes can be suitable for specific circumstances and depend on the level of trust and the ability to develop a common vision, commitments to share power, ability to reduce your ownership for the sake of the partnership, and agreements to make responsible and accountable decisions for the common good.

Long term sustainability results from collaborative partnerships.



Reference: American Journal of Community Psychology, Vol. 29, No. 2 April 2001, pp. 277-285
 Himmelman, Arthur T. "Communities Working Collaboratively for a Change." In *Resolving Conflict: Strategies for Local Government*, edited by Margaret Herrman. Washington, D.C.: International City/Country Management Association, 1994, 27-47

Bendigo Loddon Alcohol Action Plan Committee

The next meeting will be held on 19 May 2011 at the Beck Legal Board Room, 171 Hargreaves Street, Bendigo commencing at 3:30pm. This will be the second meeting for the year so there will be plenty to discuss, and it is also a good opportunity for those interested to join the group. For those interested in perusing the Alcohol Action Plan it is located on the PCP website www.blpcp.com.au.

Bendigo Elder Abuse Network

This is a particularly industrious time for the Bendigo Elder Abuse Network (BEAN) as it works towards putting the finishing touches on the Elder Abuse kit which will be a fantastic resource for all those who may come across Elder Abuse or suspected abuse in the community. It has been great to see the group collaborate on producing the best documents possible. The group is very pleased with the outcome of all its hard work which will culminate with the launch on 15 June 2011. Currently, the Network is concentrating on the details of the launch and this information will be forwarded to Newsflash as it becomes available.

State Trustees also paid a visit to the BEAN at the April meeting with Luke Bennett, Business Alliance Manager, providing a very interesting presentation on the services they provide which was well received and useful to members.

Diabetes in Loddon Action Group

The last meeting on 5 April was held in Serpentine, with all future meetings to be held in Dingee. Discussion centred on the theme DiLAG should adopt for Diabetes Week (10-17 July) and this will be an ongoing item on the June agenda. Tanya Maher-Toose from Northern District Community Health Service presented on the *Kids Go For Your Life* Regional Information Forum and on Healthy Canteen models. Tanya reported that although no schools in Loddon are currently KGFYL accredited, several are now ready for application.

Judi Nicholson from the PCP Secretariat presented the second activity of the VicHealth Health Promotion Partnership Tool: a Map of the Partnership which explored the varying degrees of partnership between agencies from networking through to collaborative partnerships in the Group.

Bendigo Family Violence Prevention Network

At the March meeting Ray Patterson presented on the effectiveness of the *Violence is out of Bounds* sponsorship provided to Strathfieldsaye Storm Football Club particularly in highlighting what it actually means and to encourage players to ask questions about violence against women and children. Discussion included the possibility of the initiative being incorporated to other clubs, and of presentations being delivered to re-enforce the *Violence is out of Bounds* message.

A major focus of the group is on planning for White Ribbon Day on 25 November which will include a community walk and film festival. If you want to participate in White Ribbon Day events, email blpcp@bchs.com.au.

Congratulations Linda Kirkman

La Trobe Rural Health School PhD candidate Linda Kirkman has won the Post Graduate Health Promotion Student of the Year Award incorporating the Carole Bailey Scholarship by the Australian Health Promotion Association, Victorian Branch.

Aside from formal teaching at La Trobe University in Bendigo, and her study, Linda promotes health informally through volunteer activities, such as representing La Trobe University on the Bendigo Loddon Primary Care Partnership's Sexual Health Task Group, and being an honorary board member on two community arts organisations with the goal of promoting community connectedness leading to improved mental health. She also uses social networking to highlight health promotion issues, especially sexual health ones. She says, 'Winning this award is an honour, and recognition of the professional and personal effort I put into health promotion at University and in the community.'



Bush Nursing Centenary Celebrations

Bush Nurses across Victoria met in Beech Forest in the Otways in March to celebrate 100 years of operation. The first Bush Nurse commenced in Beech Forest on 14 March 1911 and a plaque was unveiled in the Cliff Young Memorial Park to commemorate this.

The day was organised by Viv Fazulla who has been the Bush Nurse at Dingee for 32 years. Pictured is Viv with Jeanette Grant at the event which was held on Monday 14 March 2011 (Labour Day)

Primary Health Workforce Development Care Planning Project Stage 2

The Department of Health is currently progressing stage 2 of the Primary Health Workforce Development Care Planning Project which will deliver about 200 subsidised training places to health and community service practitioners across Victoria to undertake the unit CHCCM702A—*Implement goal directed care planning*. For this training to effectively contribute to sector workforce development objectives, it has to involve the best suited registered training organisations and the right combination of participants in the learning situation. The department has engaged the Community Services and Health Training Board (CS&HITB) to advise and to centrally coordinate the training roll-out across Victoria for 2011.

The CS&HITB will develop a community of practice approach in order to build Registered Training Organisation capacity to deliver the care planning content and further develop course support material and consistent assessment activities. This approach aims to increase the VET sector's capacity to deliver the care planning unit in a coordinated, consistent and sustainable way with a commitment to continuous improvement.

A selection strategy is being developed to prioritise the subsidised places. This will include key criteria such as engagement in PCP service coordination activity and participation in the service coordination survey. Agencies applying for one of the subsidised training places may be required to make a co-payment. In addition, input from Primary Care Partnerships may be required as part of the selection process.

Service Coordination Tool Templates Revision 2012

The SCTT 2012 revision project is well underway. Mental Health and Alcohol and Other Drugs, and Housing and Homelessness are participating bringing to 13 the number of working/reference groups involved in the review.

The current revision has raised the potential of a more streamlined and integrated SCTT. Communication from the working groups and some of the online feedback suggests that the current SCTT templates are complex, information is duplicated and the use of specific templates is varied. In streamlining the initial needs identification and improving the coordinated care planning and referral components, we expect that the templates will be more user-friendly and reinforce good practice.

Information derived from the chronic and complex reference and working group has suggested that screening (initial needs identification) should be enhanced. Discussions on the development of a screening template in consultation with clinicians from the sector have encouraged us to continue down this path.

The Aboriginal Well-being, Intellectual Disability and Problem Gambling Working Groups presented their recommendation on 19 April. The remaining working groups are working towards developing their recommendations and will be presenting at future Steering Committee meetings.

Information on the representation on SCTT 2012 Revision Project reference and working groups is available online at www.health.vic.gov.au/pcps/sctt2012revisionproject.htm.

Forum—Responsible Gambling Awareness Week

Professor Jeffrey Derevensky from the International Centre for Youth Gambling Problems and high risk behaviours in Canada will present on youth gambling online: myths, realities and new understandings. Ms Janine Robinson from the Problem Gambling Institute of Ontario, Centre for Addiction and Mental Health will present on Sports Betting—keeping the game in gaming. Mette Hotker, Research Fellow Monash University and St Luke's Anglicare will present on an integrated care model within the Loddon Mallee Region.

When: Wednesday 25 May 2011, 11.00am to 1.00pm

Venue: Capital Theatre, Bendigo

RSVP: rgawbendigo@justice.vic.gov.au by **Wednesday 11 May 2011**.

Forum presented by the Office of Gaming and Racing, Department of Justice and St Luke's Anglicare.

Communities in Control Conference 2011

Monday 30 May and Tuesday 31 May 2011

Plus Pre-Conference Skills Day: Sunday 29 May 2011

“Women Achieving and Flourishing” with Christine Nixon APM

www.ourcommunity.com.au

The 'Must Do'
Conference

Youth Mental Health First Aid Course

A **Youth Mental Health First Aid Course** is being offered on **24 and 27 June 2011 (8.45am to 5.00pm)** at Bendigo Regional Institute of TAFE. A manual, other materials, lunch, morning and afternoon teas are provided.

The Youth Mental Health First Aid Course is for adults working or living with adolescents and covers situations including self-harm, suicidal behaviour/thoughts, panic attacks/acute stress reaction and acute psychotic behaviour. The developing mental health problems in adolescence that are covered in the course are depression, anxiety, psychosis, substance misuse and eating disorders.

Participants will learn the signs and symptoms of these problems, where and how to get help and what help has been shown by research to be effective.

The cost is \$245 per person. To register contact Renee Carter, email reneecarter11@gmail.com or telephone 0421 512 409.

Connectingcare and e-Referral Traffic

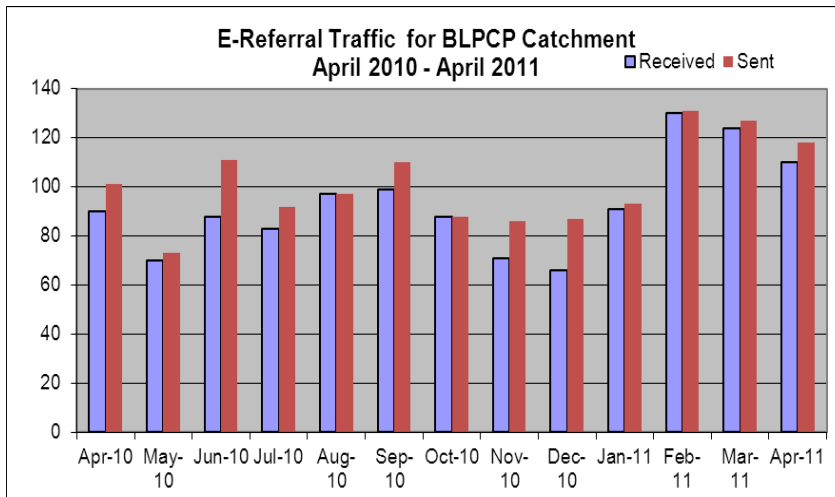
During April the following organisations have received and/or sent e-referrals through Connectingcare.com:

Received e-referrals

- Bendigo Community Health Services—Family Support
- Bendigo Health—HART, ACAS, RHT, PAC, Regional Continence Service, Carer Support and Commonwealth Carer Respite Centre, Case Management Services
- City of Greater Bendigo—Veteran's Respite Care
- Haven, Bendigo—Community Connections program
- Inglewood & Districts Health Services, Inglewood Campus—Social Work & Counselling Services
- St Luke's Bendigo— Child First and Mental Health (Intensive Home Based Outreach, Supported Accommodation Assistance Programs)

Sent e-referrals

- Bapcare, Loddon Mallee
- Bendigo Health—Bendigo Campuses and Regional Services, and Community and Regional Psychiatric Services
- Boort District Health
- Commonwealth Respite and Carelink Centre
- Department of Human Services, Loddon Mallee Regional Office
- Heathcote Health
- Inglewood and Districts Health Service, Inglewood Campus
- Loddon Shire Council, Serpentine Office
- St Luke's, Bendigo
- Vision Australia, Bendigo



“E referral has supported our intake and allocation processes internally by providing a framework that ensures timely follow up and correspondence with referring agencies. Benefits to our consumers include reducing the need to retell their story numerous times as the documents can be added to and forwarded to other agencies. It can also support more comprehensive referrals from services as the profiles give direction about what information can be sent.”

Sharlene Green
Client Services Manager, St Luke's

Are You Attending the Medicare Local Application Meeting?

Friday 6 May 2011, 2.00 to 4.00pm at LaTrobe Visual Arts Centre, 121 View Street, Bendigo.

All those interested are invited. RSVP to a.kenny@latrobe.edu.au.

If you would like to subscribe or unsubscribe to Newsflash please advise via email:
blpcp@bchs.com.au