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# Newsflash

MARCH 2011

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## Tobacco Reduction in Greater Bendigo Planning Workshop

Reducing Tobacco related harm is one of the four health priorities for our partnership in 2009-2012. The ill-health effects of tobacco are well known and documented and the partners of the PCP are keen to prevent tobacco related harm occurring. This means we need to focus on building the capacity of young people to not take up smoking as well as supporting those who do smoke to be able to stop.

The PCP has now contracted with Alan Taylor of ADT Mediation, to work with our partners and other interested parties to prepare a Tobacco Reduction Plan for Bendigo. Alan is facilitating a forum of PCP members and other stakeholders to identify what the major components of the Tobacco Reduction Plan should be and gain input from workers on what strategies should be developed. Details of the forum are:

**When:** Wednesday 30 March 2011, 9.15am to 3.30pm

**Where:** The Bendigo Club, 22 Park Street, Bendigo 3550

If you would like to attend the forum or meet individually with the consultant, please ring Leanne Oberin at the PCP Office on 5448 1624. Your thoughts and ideas will assist us all to develop a plan that is innovative and outcome focussed. It will enable the resources of the PCP to be placed where the best outcomes can be achieved.

## Strategies for Dealing with Conflict in Boards and Committees

Your work is too important to be held back by time-consuming and destructive conflict. VCOSS Clearinghouse's four-hour seminar in Bendigo is designed by Pathways Australia to provide community organisations with a toolkit of tips and techniques to ensure that conflict is minimised and resolved effectively when it does happen.

This session will include a presentation, group discussion and practical problem-solving and will cover:

- How good governance can reduce the potential for damaging conflict
- Strategies for minimising conflict among the board, management and staff
- How to stop little issues becoming major problems
- How to deal with and resolve conflict when it arrives on your doorstep
- Self-care when conflict is causing you stress
- Strategies for dealing with 'difficult' board members, managers, staff and other issues.

**When:** Monday 4 April 2011, 10.00am to 2.00pm

**Where:** Bendigo District RSL, 73-75 Havilah Road, Bendigo

**Cost:** \$40 per participant or \$20 for VCOSS members.

Visit the VCOSS Clearinghouse Rural and Regional webpage to register online, <http://www.vcoss.org.au/clearinghouse/resources/R&R2011.html>.

## Melbourne Medical Companion Trial Service

Available from Tuesday 8 March 2011

As part of this trial service, Travellers Aid volunteers will meet passengers at Flinders Street Station and the Southern Cross train and bus platforms, and accompany them to their Melbourne-based medical appointments and back to the train station or bus platform. This service also offers the use of a comfortable lounge, amenities and rest area including buggy transport and wheelchair access.

People interested in accessing this new volunteer-assisted trial service once in Melbourne should telephone **Travellers Aid Australia on 1300 700 399** at least 24 hours prior to their expected travel date.

The trial service is funded through the Victorian Government's Transport Connections Program. Thirteen transport connections projects, such as BLine, from across Victoria have formed a partnership to develop the trial service, and have engaged Travellers Aid Australia to provide the day to day coordination of the service and medical companion volunteers.

The aim of this trial service is to improve access for the many people who live in rural and regional Victoria, who need support to medical appointments in Melbourne and will encourage many more people to consider using public transport to access such appointments.

## Connectingcare and e-Referral Traffic

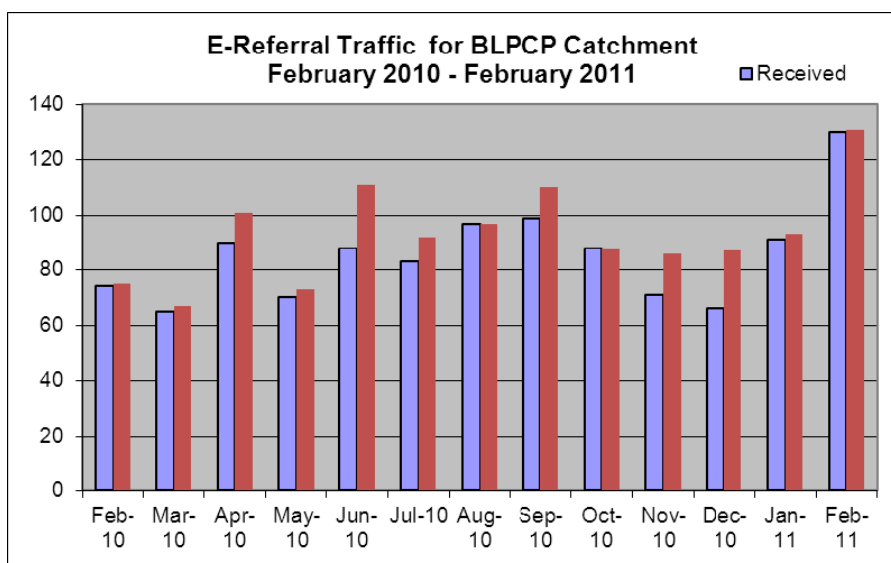
During February the following organisations have received and/or sent e-referrals through Connectingcare.com:

### Received e-referrals

- Bendigo Community Health Services—Family Support
- Bendigo Health—HART, ACAS, RHT, Regional Continence Service, Referral Centre, Carer Support and Commonwealth Carer Respite Centre, and Community and Regional Psychiatric Services (Adult Mental Health Service)
- Golden City Support Services—Community Support
- Inglewood and Districts Health Service, Inglewood Campus—Social Work and Counselling Services and Community Mental Health Service
- Loddon Mallee Housing Services, Bendigo—Community Connections Program
- St Luke's Bendigo—Child First and Mental Health (Care Coordination)

### Sent e-referrals

- Baptistcare—Loddon Mallee
- Bendigo Health—Bendigo Campuses and Regional Services, and Community and Regional Psychiatric Services
- Commonwealth Respite and Carelink Centre
- Department of Education and Early Childhood Development
- Department of Human Services—Loddon Mallee Regional Office
- Inglewood and Districts Health Service—Aged Care Facilities and Inglewood Campus
- Loddon Mallee Housing Services, Bendigo
- Loddon Shire Council—Serpentine Office
- St Luke's, Bendigo—Child First



### Are your agency details correct on the Connectingcare Service Directory?

As well as e-communication capacity, Connectingcare also offers an extensive Service Directory. This Service Directory is promoted across the Loddon Mallee Region and is used by different workers across a wide range of agencies. For this reason, it is important that agency information is kept up-to-date and accurate. If you would like to update your agency information or would like to receive training on how to do this yourself, please contact Leanne Oberin or Leah Wilson at the PCP Office on 5448 1624.

## Have You Had Your Pap Screen Recently?

If it is more than 2 years since you have had a Pap Screen, the PCP is calling on all women working in the health and community services sectors to book in and arrange it now.

Pap Screens should be undertaken by all women who have ever been sexually active and Pap Screen Nurses are located at Women's Health Loddon Mallee, Bendigo Community Health Services, Northern District Community Health Services, Inglewood and Districts Health Service, Dingee Bush Nursing Service, Boort District Health, Heathcote Health, Bendigo and District Aboriginal Cooperative, or your own General Practice.

The PCP Office encourages you to **ACT NOW!**

## Cultural Diversity Week

19—27 March 2011

Loddon Campaspe Multicultural Services is hosting the 4th Annual Bendigo Multicultural and Multifaith Festival during Cultural Diversity Week on Sunday 20 March 2011 from 10.00am to 5.00pm in the Civic Gardens and Bendigo Town Hall, Hargreaves Street, Bendigo. The festival will feature non-stop cultural entertainment including cultural singing and dancing, multicultural food stalls, cultural crafts and goods for sale, children's activities, and information booths from service providers and religious organisations.



To see the full range of other activities being organised by local agencies and community groups to celebrate Cultural Diversity in our community, a flyer is available from the City of Greater Bendigo offices, the Goldfields Library foyer, Loddon Campaspe Multicultural Services and or via the Noticeboard on [www.blpcp.com.au](http://www.blpcp.com.au).

## Technology Safety Training Wesnet (Women's Services Network)

Two expert international trainers, Cynthia Fraser and Erica Olsen from the National Network to End Domestic Violence in the USA, have been recruited for this two-day training workshop. Cynthia and Erica have more than 25 years experience in trying to end Violence against Women and are both Technology Safety Specialists.

The training will focus on how technology impacts survivors of domestic and family violence, stalking, sexual violence, dating violence and abuse. It is for people who may work with survivors and/or victims of violence and abuse.

**Date:** Thursday 17 and Friday 18 March 2011

**Venue:** The Foundry, 366 High Street, Bendigo

For registration and cost details, please contact WESNET on 1300 252 006.

## Responding to Disclosures of Sexual Assault

This introductory workshop conducted by the Centre Against Sexual Assault (CASA) is for anyone who works with victims/survivors of sexual assault and is relevant to generalist counsellors, support workers, students, teachers, etc. Participants will develop an understanding of the key issues, myths, effects, and how to respond effectively to disclosures.

**Responding to Disclosures of Sexual Assault** will be held on **Friday 1 April or Friday 6 May 2011** from **9.15 am to 4.00pm** at the Bendigo Club, 22 Park Street, Strathdale. This workshop, or equivalent, is a prerequisite for attendance at other CASA workshops.

For a registration form please contact CASA on 5441 0430.

## Consumer-Centred Health Care Conference: Strategies for Implementing Transformational Reform

This national conference will explore strategies for developing and implementing consumer-centred health care. It will examine case studies in innovation, with a particular focus on the principles and priorities outlined by the National Campaign for Consumer Centred Health Care <http://www.partnerships.org.au/HealthCampaign.htm>.

**When:** 21 and 22 March 2011

**Where:** Melbourne Angliss Conference Centre

For the program outline and registration form visit <http://www.partnerships.org.au/2011ProgramOutline.htm>. Direct any enquiries to Frances Riggs, Central Highlands Primary Care Partnership, phone 5338 4773, email [icdm@chpcp.org](mailto:icdm@chpcp.org).

## Evidence-Informed Public Health Short Course

This short course was developed in conjunction with the Department of Health, Victoria and the Victorian Health Promotion Foundation (VicHealth). Participants will gain skills and confidence in:

- Defining, searching for, and accessing evidence.
- Critically appraising the relevance and quality of evidence.
- Interpreting and applying evidence to policy and practice.
- Identifying the core components needed for local evaluations to contribute to the wider evidence base.

**When:** Tuesday 5 and Wednesday 6 April 2011; 9.30am to 4.30pm each day

**Where:** VicHealth Seminar Room, 15-31 Pelham Street, Carlton

**Cost:** \$550 (includes all workshop materials, key papers, morning tea, lunch and afternoon tea on both days)

For a registration form, please contact Alana Pirrone, email [apirrone@unimelb.edu.au](mailto:apirrone@unimelb.edu.au) or phone 8344 9147.

## Arthritis Victoria Leader Training and Community Programs

**2011  
Calendars  
now available**

To find out about the range of programs being offered by Arthritis Victoria in 2011 click on services at [www.arthritisvic.org.au](http://www.arthritisvic.org.au). Registrations are now open for all courses and activities.

Arthritis Victoria also encourages you to explore its website to discover the extensive range of services and resources available to you and your community including Library, Community Speakers Program, Telephone Information Services and Support Groups. These services are designed to complement your work with the community through the provision of easily accessible, up-to-date resources and information services for people with musculoskeletal conditions and their support networks.

If you would like to find out more or request a printed copy of the calendars please contact Arthritis Victoria's Program Administrator, email [programs@arthritisvic.org.au](mailto:programs@arthritisvic.org.au) or phone 1800 011 041 (Toll Free).

## Volunteering Expo 2011



Showcasing 30 Local Community Organisations

Thursday 17 March 2011

Hargreaves Mall 11.00am to 3.00pm



**"Inspiring the Volunteer in You" to build a Connected Community**

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