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Newsflash

www.blpcp.com.au

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Bendigo Loddon PCP Strategic Plan 2009-2012 and Integrated Health Promotion Plan

Engage Consulting Australia has been appointed by the BLPCP Executive Committee to develop the Strategic Plan to take the PCP through the next three years. Engage Consulting Australia have a track record of experience in successfully conducting projects that require inter-organisational collaboration and agreement in the health, community, education and human services sectors. They bring a mix of strategic planning and community development work on local, state and national based projects. Prior to documenting the plan, Engage Consulting Australia will conduct four workshops, brief seven Reference/Working Groups/meetings and conduct forty interviews with senior managers and other staff of the PCP member organisations.

Dr Ronelle Hutchinson will be the lead consultant and her background has been in national and state projects in general practice, nursing, primary health, child health, and indigenous health care areas. Ronelle has considerable experience in policy and planning in the primary health sector. Your organisation will be contacted over the next few weeks and Ronelle will arrange interviews to gain input into the Strategic Plan. All PCP member organisations are urged to have input into the PCP strategy to ensure the Strategic Plan reflects your priorities.

For further information contact Jeanette Grant on 5448 1624

Evaluation of the Bendigo Loddon Ageing Framework Action Plan 2007-2009

Many of the organisations offering HACC and other aged care services will be aware of the work undertaken over the previous two years by the Ageing Framework Action Plan Reference Group. Some of the projects undertaken have been the Planned Activity Groups TIPS booklet, The Dance for Fun Exercise Guide, a Report on the Needs of Planned Activity Group Staff for Accredited Training, the Encouraging Best practice in Residential Aged Care Project (in partnership with the School of Rural Health at Monash University) the evaluation of the Mclvor Health Make a Move Project (in partnership with Mclvor Health) and various other projects. Many of these documents are on the BLPCP website www.blpcp.com.au. The Ageing Framework Action Plan Reference Group has appointed Nancy Vaughan to evaluate the Action Plan. Nancy will contact members of the group over the next few weeks to conduct a survey as part of the evaluation.

For further information contact Jeanette Grant on 5448 1624

Community Profile Bendigo Loddon

A very comprehensive Community Profile of the City of Greater Bendigo and the Loddon Shire is available for any organisation seeking evidence for planning, programming and submission writing. The information includes:

Demographic characteristics, Health Indicators, Education, Transport, Crime, Housing, Family, Gambling, Community Strengths Indicator and a range of other information.

To view the Community Profile go to: www.blpcp.com.au

Support for Rural Counsellors and Rural Support Workers

As part of the Victorian Drought Taskforce Response, the Department of Human Services has commissioned The Bouverie Centre to continue offering consultation, training, and support to Rural Support Workers and Counsellors working in drought affected communities.

Bouverie will be offering:

- One day workshops focused on working compassionately and effectively with families and communities impacted by natural disaster;
- An updated series of 'Train-the-Trainer' workshops for 'No Bull Support,' modified to attend to the special needs of children, adolescents, families and communities, following traumatic events; and
- a web-based and paper-distribution newsletter reflecting current work in the field.

**For further information contact Karen Smith at;
The Bouverie Centre,
8 Gardiner St Brunswick 3056
03 9385 5100
www.bouverie.org.au**



Thursday 11 June 2009
9.25pm ABC TV

Kids' Business is a compelling documentary about kids and violence, bullying and relationships. Filmed in a Bendigo primary school by People Pictures, it follows a group of kids in grades five and six taking part in Solving the Jigsaw, an early-intervention program that changes a culture of violence and bullying into a culture of wellbeing.

More information: www.solvingthejigsaw.org.au

"Connecting Communities" Workshop

Time and Date: 12.30-4.30pm Thursday, 4th June
Sandhurst Room, Best Community Development, St. Andrews Ave. Bendigo

Do you work with or belong to an organisation that works with low income households and disadvantaged communities?

Sustainability Victoria, in conjunction with Kildonan Uniting Care Social Advocacy team, is running a workshop for organisation's and individuals who work with low income households and disadvantaged communities.

The workshop will enable participants to determine client options on how to save energy at home and reduce energy bills by understanding where and how energy is used in the home. The workshop will also cover the current assistance programs that are available to households.

**For reservations and further details contact:
David Tallis at Sustainability Victoria 03 5722 9664**

Mental Health First Aid

Date and Time: Monday 22 June 9.00am-4.00pm
BRIT City Campus

Mental Health First Aid is the help provided to a person developing a mental health problem or in a mental health crisis. Mental health problems covered include depression, anxiety disorders, substance use disorders and psychosis. The first aid is given until appropriate professional treatment is received or until the crisis resolves.

The aims of Mental Health First Aid are to:

- Preserve life where a person may be a danger to themselves or others.
- Provide help to prevent the mental health problem developing into a more serious state.
- Promote recovery of good mental health.
- Provide comfort to a person suffering a mental illness.

Contact: **BRIT Student Services, 23 Mundy St. Bendigo or email info@britafe.vic.edu.au**
Cost: \$180

Heatwave Planning Guide

Time and Date: 9.00 - 1.00pm Friday 12 June 2009
Marriott Hotel, Melbourne

The Public Health Branch at the Department of Human Services invites you to attend the release of the Heatwave Planning Guide. The morning session will feature a walk through the Heatwave Planning Guide, presentations from some of the pilot projects and a discussion about the future of heatwave planning. One of the heatwave pilot was conducted by the City of Greater Bendigo

Lunch is provided.

RSVP: Christy.Boucher@dhs.vic.gov.au by Wednesday, 4 June 2009 or contact Christy on 9096 5425

Building the Future Health Workforce

Time and Date: 10.00am - 2.30pm Friday 12 June 2009
RACV Club, 501 Bourke St. Melbourne

The Victorian Healthcare Association invites all to the next one day forum. The Victorian health workforce faces many challenges in the years ahead; presentations at this forum will explore practical strategies for ensuring a more robust and sustainable health workforce.

Forum presenters will include: Kim Sykes, Director, Service and Workforce Planning, Department of Human Services, Dr Andrew Noblet, Associate Professor, Deakin Business School, Deakin University, Jacquie O'Brien, CEO, Community Services and Health ITB, Tony Nippard, Executive Director, Knowledge Management and Governance State Services Authority

To register for this event please go to the VHA Website, www.vha.org.au

Cost: VHA Member Agencies receive one complimentary registration.
Additional tickets: Member Agencies \$110 (inc. GST) Non Member Agencies \$176 (inc. GST)

World Elder Abuse Awareness Day 2009 Workshop

Date and Time: Monday 15 June 9.30am - 4.30pm
Victoria University, Level 12, 300 Flinders St. Melbourne

Seniors Rights Victoria presents a full day workshop which will provide a unique opportunity to hear from experts, consider case studies and discuss approaches to addressing elder abuse in the community. The workshop will focus on medical and legal capacity, responding to the financial abuse of older persons and elder abuse in the context of human rights. The Workshop is intended for professionals and workers engaged with seniors in a range of areas.

Keynote Speakers are Julian Gardiner, Human Rights and Social Justice Advocate and former Victorian Public Advocate, Bill O'Shea, Legal counsel for Bayside Health and former Chair of the College of Law Victoria and Peter Noble, Principal of Loddon-Campaspe Community Legal Centre and 2008 Victorian Community Lawyer of the Year.

To register your interest:

srvadmin@cotavic.org.au or telephone 1300 368 821

Integrated Health Promotion Mental Health and Wellbeing

Time and Date: 12.30-1.30pm Wednesday 17 June 2009
Venue: Conference Facility, Level 1, Room 2, 50 Lonsdale Street, Melbourne.

Who should attend?

Government representatives and agencies interested or engaged in health promotion.

Why would I attend?

- To develop a greater understanding of health promotion and how it improves the health and wellbeing of Victorians (particularly disadvantaged and hard to reach populations).
- To discover the impacts achieved through investment in Community and Women's Health and Primary Care Partnerships health promotion work.
- To gain knowledge about primary and secondary prevention as well as disease management and tertiary prevention.

Please RSVP: ivona.djuric@dhs.vic.gov.au

Health Promotion - Short Course

Monday 29 June - Friday 3 July 2009
Monash University Conference Centre,

The course is open to any person involved, or wanting to be involved, in health promotion and working in a range of fields, including: health, arts, education, justice, sport and recreation, government, not-for-profit and corporate sectors. This five-day short course is designed for those interested in increasing their understanding of health promotion principles and practices. The course will cover the core health promotion processes of planning, development, selecting strategies, implementation and evaluation of programs, as well as contemporary skills in partnerships, alliances, use of settings, and dissemination. Case studies and exercises will allow for practical applications of the concepts and frameworks covered in the course.

Further information available from Belinda O'Shea 9904 4336

COST: \$995 Payment by June 2009

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