

SECTION FIVE: INTEGRATED HEALTH PROMOTION IMPLEMENTATION PLAN

What is Integrated Health Promotion

There is growing evidence that investment in health promotion and disease prevention benefits individuals and communities alike by reducing preventable diseases, promoting positive wellbeing and by lowering health care expenditure.

The Ottawa Charter for Health Promotion, developed by the World Health Organisation in 1986 defines health promotion as *“the process of enabling people to increase control over, and to improve, their health. To reach a state of complete physical, mental and social wellbeing, an individual or group must be able to identify and to realise aspirations, to satisfy needs, and to change or cope with the environment. Health is therefore seen as a resource for everyday life, not an objective of living”*.

Integrated health promotion where organisations in a locality work together and with the community using a mix of health promotion interventions and capacity building strategies to address priority health and wellbeing issues, is a cornerstone of the work of Primary Care Partnerships. It is based on a social model of health and draws on the philosophies of health promotion outlined by the World Health Organisation and Australian national and state health promotion policies. The guiding principles of integrated health promotion are that activities should:

- address the broader determinants of health
- be based on the best available data and evidence
- act to reduce social inequities and injustice
- emphasise active consumer and community participation
- empower individuals and communities
- explicitly consider differences in gender and culture
- involve organisations working in collaboration

Primary Care Partnerships and organisations funded for health promotion by the Primary Care Branch of the Victorian Department of Health are required to plan, implement, evaluate, review and report on their health promotion activities on an annual basis. There needs to be consideration of health promotion activities that include a mix of interventions focused on individuals and populations and include activities that are designed to build health promotion capacity within and across organisations.

How We Developed Our Integrated Health Promotion Plan

The Integrated Health Promotion component of the BLPCP Strategic Plan 2009-12 was developed in line with the framework set out in the Department of Human Services' publication *Integrated Health Promotion: A Practice Guide for Service Providers*. This framework was used in our Partnership workshops when considering health promotion activities relating to the priority population groups of children and young people, Aboriginal people and older people. The Guide was also used by individual member organisations (funded to deliver health promotion activities). The Guide provides a framework for planning for health promotion with a focus on vision setting, problem definitions, generating solutions, capacity building, implementing and evaluating the outcomes of health promotion activities.

A review of the best available evidence relating to the health promotion needs in the Bendigo and Loddon LGAs for the national and state health promotion priority areas was undertaken to assist in the planning process.

A workshop was held in August 2009 with key health promotion organisations to determine our shared priorities for health promotion. It was agreed that for the next three years our Partnership will focus on integrated health promotion on the following priorities:

- mental health and wellbeing
- physical activity and active communities
- sexual and reproductive health
- reducing tobacco related harm

Organisations funded to delivery health promotion activities were then invited to contribute their individual 'plans' for health promotion activities in one or more of the priority areas – for inclusion in this 'catchment-wide' plan for integrated health promotion. These individual organisational plans have been collated into the implementation plan on the following pages.

Our BLPCP Integrated Health Promotion Plan reflects a consolidation of all the health promotion activities relating to mental health and wellbeing, physical activities, sexual and reproductive health and tobacco planned by our Partnership and by individual organisations who are funded for health promotion by the Primary Health Branch of the Department of Health. It provides an easy to access 'snapshot' of the health promotion activities for our priority issues in the Loddon and Greater Bendigo areas for the next three years. The BLPCP Secretariat will report on these activities annually to the Department of Health by collecting information and evaluation data from the organisations involved and documenting appropriate case studies.

Evidence of the Need for Health Promotion

Health promotion activities, like all the activities planned for our Partnership over the next three years, are based on an analysis of the evidence of health and wellbeing needs of people living in the Greater Bendigo and Loddon areas. Selected evidence from the BLPCP Community Profile (see BLPCP, 2009 www.blpcp.com.au) is provided here to demonstrate that the focus of this Integrated Health Promotion Plan is based on established needs related to our priority issues of mental health and wellbeing, physical activity and active communities, reducing tobacco related harm and sexual and reproductive health.

In general, we have significantly higher incidence of **chronic diseases** such as Diabetes and cardiovascular diseases than the Victorian averages. In terms of Diabetes, the prevalence in 2008 was 3.61% of all people living in Greater Bendigo had Diabetes and 10.3% of people in the Loddon Shire had Diabetes. Health promotion activities focused on risk factors for chronic illnesses (such as reducing obesity, increasing physical exercise and smoking cessation) and reinforcing protecting factors known to delay/obstruct the onset of illnesses will act to prevent new incidences of these diseases within our communities.

Much of the evidence relating to the **mental health and wellbeing** of people living in the Greater Bendigo and Loddon Shire areas focuses on statistics of 'ill-health' (such as psychiatric hospital admissions, intentional self harm or suicide deaths). Approximately 3% of all deaths for people in the Greater Bendigo LGA are attributed to mental and behavioural disorders (compared with the Victorian average of 4%).

Similarly hospitalisations for 'mental diseases and disorders' in 2007/2008 accounted for 2% of hospitalisations (compared with 3% for all of Victoria). Whilst these statistics indicate that mental ill-health is not a significantly higher health problem for people in our Partnership catchment areas than the remainder of Victoria – the seriousness, and preventable nature of many mental illness/ill health suggest a focus should be made on promoting positive mental health and wellbeing and where possible, preventing the onset of mental ill health.

However, mental health and wellbeing is more than just 'ill health' requiring hospitalisation. There is evidence from the 2004/2005 National Health Survey to suggest that people in our catchment areas have a higher rate of self-reported mental, behavioural and mood problems, and psychological distress than in other rural areas of Victoria and the Victorian average. This is particularly evident for men in our areas. For example, most areas of Greater Bendigo and Loddon had higher rates of self reported mental and behavioural problems for men than the Victorian average. The area of Greater Bendigo-Eaglehawk had the highest rates of self reported mental, behavioural and mood problems for both men and women in our catchment areas.

There is indisputable evidence that **physical activity** is a protective factor against a range of chronic illness. Estimates of physical inactivity taken from the 2004/2005 National Health Survey suggest that generally speaking, estimated rates of physical inactivity in people in the Greater Bendigo areas were lower than the Victorian average. Rates of physical inactivity for people living in the Loddon Shire were similar to the Victorian averages. Whilst this evidence appears at first glance to be 'promising', the evidence means that anywhere between 201.4 and 415.2 people in every 1000 people in our catchment were considered not to be sufficiently physically active.

Evidence relating to the prevalence of obesity provides further justification for a focus of health promotion activities on physical activity. Evidence from the 2004/2005 National Health Survey shows that, generally, men in our catchment areas have higher rates of obesity than the Victorian or Country Victorian averages, with significantly more men in the Loddon Shire being considered obese than the Victorian average (for example 226.6 men per 1000 were considered obese in North Loddon in comparison to 159.6 per 1000 in the rest of Victoria). However rates of obesity for females in the Greater Bendigo and Loddon were similar to or less than the Victorian averages.

The ill-health effects of tobacco use are well known and documented and significant resources are expended by all levels of governments to try to prevent **tobacco related harm** occurring. Evidence from the 2004/2005 National Health Survey suggests that, generally, there is a higher rate of adults smoking in the Greater Bendigo and Loddon areas than the Victorian average. For example, 335.3 men per 1000 in Central Greater Bendigo smoked in comparison to a rate of 259.8 per 1000 men in the rest of Victoria and 275.3 per 1000 women in the Central Greater Bendigo smoked in comparison to a rate of 181.5 per 1000 women in the rest of Victoria.

On issues relating to **sexual and reproductive health**, there is evidence that a specific focus should be made on targeted health promotion, screening and prevention activities. There appears to be an unusual increase in the incidence of Hepatitis C within the Loddon area (a rate of 62 per 1000 in comparison to a rate of 46.5 per 1000 for the rest of Victoria). In the Greater Bendigo area, we see a significantly higher incidence of Chlamydia (360.7 per 1000) compared with the rate for the rest of Victoria (259.8 per 1000).

In terms of screening for early detection of breast cancer, the best available evidence suggests that the screening rate for women aged 50-69 years is generally similar to the rate for the Victorian population – however there is some tentative evidence to suggest that women who live in particular parts of Greater Bendigo or Loddon Shire are not participating in breast screening at the same rate (with particularly low rates in Marong and the Bealiba/Logan area). There is also evidence to suggest that cervical cancer screening rates are lower in our Partnership catchment area than the regional and state rates with recent advice from Pap Screen Victoria stating that, compared to the State average of 63.1% of women in the target age groups participating, only 60.9% from Greater Bendigo and 60.6% from Loddon participate in screening.

Integrated Health Promotion – Mental Health and Wellbeing

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
BCHS	BDAC BDH BH CoGB Sports Focus YSAS Police Salvation Army	Our partnership work is progressed through the establishment of defined working groups and the development and implementation of their annual plans	A.1 Establish and maintain a Committee to implement the Bendigo Loddon Alcohol Action Plan 2009-2012	✓	✓	✓
BCHS	Bendigo Advertiser Bendigo Bank BUFS Pharmacies CoGB CVGPN Elmore Primary Health Service Rotary Clubs	To raise awareness and increase the understanding related to mental illness and related services	A.2 Conduct a Mental Health Week event	✓	✓	✓

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
BCHS	Bendigo Bank Bendigo Diabetes Support Group Bendigo Scale Modelers Church groups CoGB Community Groups Primary Schools Sporting Clubs	To bring the community of Kangaroo Flat together to create a sense of connectedness further identify unmet needs and enhance knowledge of and access to services and programs	A.3 Bring together local services, businesses, community groups and clubs to showcase their services and distribute health information in a festival style event	✓		
BCHS	Bendigo Bank BUFS Pharmacies CoGB CVGPN Elmore Primary Health Service Media Rotary Clubs	To raise awareness of men's health issues, encourage positive behaviour change and enhance the knowledge of and access to services and programs within the City of Greater Bendigo	A.4 Conduct population based Men's Health events during September	✓	✓	✓
BCHS	CWA Elmore Progress Association	To engage local women from the Elmore community to identify unmet health needs and improve the health knowledge and access to services and programs	A.5 Conduct a population based Womens Health event	✓		

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
BDAC	Annie North BCHS CoGB IDHS	Young Aboriginal people are supported in their transition to adulthood	A.6 Develop culturally appropriate "Arts for Health" programs with young Aboriginal people in Bendigo using a Health Promotion framework	✓	✓	✓
CASA	Annie North BCHS BDAC CoGB EASE IDHS St Luke's Anglicare	Our capacity to provide a safe environment for children and young people is enhanced	A.7 Develop and deliver education to member organisations about how to identify and respond to young people who have experienced trauma		✓	✓
CoGB	Baptcare BDAC BCHS LMHS Sports Focus St Luke's Anglicare Community Representatives	Our partnership work is progressed through the establishment of defined working groups and the development and implementation of their annual plans	A.8 Establish and maintain a Greater Bendigo Healthy Minds Network	✓	✓	✓
CoGB	BDAC IDHS LSC	Best practice will guide our health promotion activities	A.9 Investigate, document and distribute best practice "Arts for Health" programs that result in the wellbeing of young people and communities		✓	

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
EASE	Annie North BCHS CASA Centacare DH LMHS St Luke's Anglicare Victoria Police WHLM	Our capacity to provide a safe environment for children and young people is enhanced	A.10 Support the Loddon Campaspe Family Violence Advisory Committee	✓	✓	✓
Executive Committee	St Luke's Anglicare BCHS BH LaTrobe University CVGPN	Capacity within and across organisations is strengthened through a range of workforce and capacity building activities	A.11 To facilitate the delivery of the 'Participation for Health' short course (previously Mental Health Promotion course)	✓		
IDHS	Existing strength training groups IDHS physical trainers Mental Health Nurse Other service providers	To promote and increase the knowledge and understanding of mental health and wellbeing by 10%, in workers and community members of South Loddon over three years	A.12 Provide social events to raise the awareness of mental health and wellbeing	✓	✓	✓

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
IDHS	Existing strength training groups IDHS physical trainers Mental Health Nurse Other service providers	To promote and increase the knowledge and understanding of mental health and wellbeing by 10%, in workers and community members of South Loddon over 3 years	A.13 Scope funding opportunities for the Mental Health First Aid course to be conducted in two communities each year (ie six courses subject to funding)	✓	✓	✓
IDHS	Existing strength training groups IDHS physical trainers Mental Health Nurse Other workers or service providers	To promote and increase the knowledge and understanding of mental health and wellbeing by 10%, in workers and community members of South Loddon over 3 years	A.14 Provide courses on mental health and wellbeing and educational workshops on mental health with strength training groups and community groups and for primary school students annually	✓	✓	✓
IDHS	Existing strength training groups IDHS physical trainers Mental Health Nurse Other service providers	To promote and increase the knowledge and understanding of mental health and wellbeing by 10%, in workers and community members of South Loddon over 3 years	A.15 Participate in and support the current mental health support groups and foster additional support groups where necessary	✓	✓	✓

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
IDHS	Existing strength training groups IDHS physical trainers Mental Health Nurse Other service providers	To promote and increase the knowledge and understanding of mental health and wellbeing by 10%, in workers and community members of South Loddon over 3 years	A.16 Develop strategies to educate new mothers and their support network about Post Natal Depression including the "Looking After Yourself" program	✓	✓	✓
IDHS	Existing strength training groups IDHS physical trainers Mental Health Nurse Other service providers	To promote and increase the knowledge and understanding of mental health and wellbeing by 10%, in workers and community members of South Loddon over 3 years	A.17 Develop and implement a Mental health and wellbeing program for young women with children. To be held twice yearly for 6 – 8 weeks	✓	✓	✓
IDHS	Wedderburn College LSC	To foster an integrated response to people's physical health and mental health problems in the South Loddon area over three years	A.18 Provide a support service for secondary school students and teachers regarding mental health issues at Wedderburn College	✓		
IDHS	Wedderburn College LSC	To foster an integrated response to people's physical health and mental health problems in the South Loddon area over three years	A.19 Attend or hold a community event annually to raise public awareness of IDHS mental health services and the literature and other resources available from IDHS	✓	✓	✓

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
IDHS	Wedderburn College LSC	To foster an integrated response to people's physical health and mental health problems in the South Loddon area over three years	A.20 Foster further development of the collaborations with Loddon Shire Maternal and Child Health Nurses and other local agencies	✓	✓	✓
IDHS	BDAC	Improve the social, spiritual and emotional wellbeing of Aboriginal people, their families and community in South Loddon	A.21 IDHS community health team to seek partnership opportunities with Bendigo and District Aboriginal Co-operative (BDAC).	✓	✓	✓
IDHS	BDAC	Improve the social, spiritual and emotional wellbeing of Aboriginal people, their families and community in South Loddon	A.22 Assist aboriginal people in South Loddon to access mainstream mental health and social support services as required	✓	✓	✓
LCCLC	Annie North BCHS BDAC CASA CoGB DH EASE LAJAC MH&CS Victoria Police WHLM YSAS	Our capacity to provide a safe environment for children and young people is enhanced	A.23 Support the Bendigo Family Violence Prevention Network	✓	✓	✓

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
LSC	BDH BH IDHS DBNC	Our partnership work is progressed through the establishment of defined working groups and the development and implementation of their annual plans	A.24 Maintain the Loddon Shire Healthy Minds Network	✓	✓	✓
MH&CS	Beyond Blue BH CoGB CVGPN MAHS St Luke's	The community and professionals have increased knowledge about the mental health services which are accessible in Heathcote and neighbouring localities	A.25 Utilise and promote Beyond Blue and other forms of mental health education and professional support services	✓		
NDCHS	Organisations providing services to North Loddon including schools, BDH and LSC	To promote and increase knowledge and understanding of mental health issues of individuals in North Loddon	A.26 Conduct Mental Health First and Youth Mental Health First Aid courses in North Loddon	✓	✓	✓
NDCHS	Sporting Clubs	To create awareness of mental health and wellness in North Loddon	A.27 Conduct "Build Your Game" programs in sporting clubs	✓	✓	✓
St Luke's Anglicare	All members	Our partnership work is progressed through the establishment of defined working groups and the development and implementation of their annual plans	A.28 Support the implementation of the Loddon Mallee Region Problem Gambling Integrated Health Promotion Catchment Plan 2009-2012	✓	✓	✓

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
WHLM	Annie North Baptcare BDAC BDH BH BUCO CASA CoGB IDHS LMHS LSC MH&CS	Elder abuse information is promoted throughout the Loddon Mallee Region	A.29 Develop a local interagency protocol and referral pathway for addressing elder abuse in Greater Bendigo and Loddon	✓	✓	✓
WHLM	Annie North BCHS BDAC BDH BH CASA CoGB IDHS LMHS MH&CS	Elder abuse information is promoted throughout the Loddon Mallee Region	A.30 Raise awareness and increase community understanding of elder abuse within the aged care services sector and the general community in the Loddon Mallee Region and in accordance with the 'With respect to Age 2009' framework	✓	✓	✓
WHLM	Annie North Baptcare BDAC BDH BH BSVB CoGB IDHS Monash University	Create supportive environments for positive lifestyles for older people	A.31 Develop and implement a program for women aged 55-74 years in Greater Bendigo and Loddon, with a focus on improving the social determinants of health	✓		

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
WHLM	Rural Women's Network Rural Women Leading Change Reference Group	Implement the priorities of the Rural Women Leading Change Reference Group	A.32 With other members of the Rural Women Leading Change Reference Group take action to increase numbers of women in leadership, increase social connectedness, raise metropolitan women's awareness of rural issues women (goals developed by the Women and Climate Change Reference Group - predecessor to this group)	✓	✓	✓
WHLM	Rural Women's Network Rural Women Leading Change Reference Group	Women have improved connections amongst one another	A.33 Establish a network of WHLM Ambassadors	✓	✓	✓
WHLM	Rural Women's Network Rural Women Leading Change Reference Group	Women have improved connections amongst one another	A.34 Build ICT capacity in the region	✓	✓	✓
WHLM	Rural Women's Network Rural Women Leading Change Reference Group	Women have improved connections amongst one another	A.35 Support mental health sector initiatives	✓	✓	✓

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
WHLM	Rural Women's Network Rural Women Leading Change Reference Group	Women have improved connections amongst one another	A.36 Provide support to or auspice women's community groups (such as Circus WOW and WISHES)	✓	✓	✓
WHLM	Rural Women's Network Rural Women Leading Change Reference Group	Women have improved connections amongst one another	A.37 Run activities that promote social connectedness (such as book club and film nights)	✓	✓	✓
WHLM	Mental Health Workers Health Information Providers	Support women to increase self-esteem, confidence and capacity to deal with change	A.38 Run group programs (such as Choices, challenges and change, Anger and other emotions, Upbeat, Wisdom of Older Women, Sharing and Caring over 70's, meditation and emotional strength building)	✓	✓	✓
WHLM	Mental Health Workers Health Information Providers	Support women to increase self-esteem, confidence and capacity to deal with change	A.39 Develop a program for women dealing effectively with change	✓	✓	✓
WHLM		Health services are engaged in community sector partnerships that benefit women	A.40 Disseminate findings of the Country Closet (research on the experience issues facing lesbians in rural areas) to mental health and other health practitioners	✓	✓	✓

Integrated Health Promotion – Sexual and Reproductive Health

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
BCHS	BCHS BDAC CoGB IDHS	Best practice will guide our health promotion activities	B.1 A review of evidence is undertaken to determine the most effective education mechanisms for preventing unplanned teenage pregnancy and recommendations for the implementation in Greater Bendigo and Loddon	✓		
BCHS	BCHS BDAC CoGB IDHS	Best practice will guide our health promotion activities	B.2 A review of evidence is undertaken to determine the most effective support mechanisms to assist teenage/young parents in developing positive parenting skills	✓	✓	✓
BCHS	BH Child Care Centres CoGB Schools St Lukes	To engage 60% of young pregnant and parenting people in the City of Greater Bendigo to the YPPP Program to enhance knowledge, skills and access to services and programs	B.3 Conduct social marketing strategies and identify needs of the target group	✓	✓	✓
BCHS	BH Child Care Centres CoGB Schools St Lukes	To engage 60% of young pregnant and parenting people in the City of Greater Bendigo to the YPPP Program to enhance knowledge, skills and access to services and programs	B.4 Provide education and support for young pregnant and parenting people	✓	✓	✓

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
BCHS	BSVB CoGB CAN IDHS MH&CS NDCHS WHLM BDH	Our partnership work is progressed through the establishment of defined working groups and the development and implementation of their annual plans	B.5 Maintain the SHTG and facilitate the development of an annual implementation plan for sexual and reproductive health promotion	✓	✓	✓
BCHS	WHLM SHTG	To enhance the sexual health knowledge of young people and increase the access to services and programs	B.6 Conduct sexual health education and population based events in a variety of settings	✓	✓	✓
BCHS	Beyond Blue CoGB CFA VFF Cancer Council of Victoria Andrology Victoria Prostate Council of Victoria	To promote the general sexual health and wellbeing of men with a focus on providing early identification opportunities, enhancing knowledge and referral to services and programs	B.7 Conduct a Men's Health male friendly clinic in a variety of settings.	✓	✓	✓
BCHS	Schools FPV	To promote the sexual health knowledge of young people and increase access to services and programs	B.8 Conduct a Sexual Health and Wellbeing clinic	✓	✓	✓
BCHS	CAN	To increase the knowledge of issues relating to World Aids Day and access to services and programs	B.9 Conduct a population based event	✓	✓	✓

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
BCHS	School St Luke's BDAC CoGB CAMHA YMCA	To raise awareness of contemporary youth related issues and increase knowledge and access to youth services	B.10 Conduct a population based youth health week	✓		
BSVB	BDAC IDHS LMHS WHLM	The number of Aboriginal women participating in screening programs in Greater Bendigo and Loddon is increased	B.11 Breast screening is promoted specifically to Aboriginal women	✓	✓	✓
IDHS	PSV VCS	To increase cervical screening in the South Loddon Region for Women 18-69	B.12 Provide Well Women's Clinic by Nurse Pap Test Providers each month	✓	✓	✓
IDHS	PSV VCS	To increase cervical screening in the South Loddon area for Women 18-69	B.13 Develop and implement a social marketing strategy to promote the Well Womens Clinics and health promotion information	✓	✓	✓
IDHS	PSV VCS	To increase cervical screening in the South Loddon area for Women 18-69	B.14 Nurse Pap Test Providers to maintain accreditation	✓	✓	✓

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
IDHS	Inglewood Primary School Wedderburn College South Loddon sporting clubs BCHS ILBIJERRI Theatre HEPCVIC	To raise awareness of sexual and reproductive health issues amongst the South Loddon community by 10% and build the capacity of IDHS to respond to sexual health needs	B.15 Deliver puberty sessions to Grade 5/6 at Inglewood Primary School	✓	✓	✓
IDHS	Inglewood Primary School Wedderburn College South Loddon sporting clubs BCHS ILBIJERRI Theatre HEPCVIC	To raise awareness of sexual and reproductive health issues amongst the South Loddon community (all age groups and both genders) by 10% and build the capacity of IDHS to respond to sexual health needs	B.16 Deliver a workshop at the Loddon Youth Expo biannually in related to sexual and reproductive health to all Year 9/10 students in the Loddon area	✓	✓	

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
IDHS	Inglewood Primary School Wedderburn College South Loddon sporting clubs BCHS ILBIJERRI Theatre HEPCVIC	To raise awareness of sexual and reproductive health issues amongst the South Loddon community (all age groups and both genders) by 10% and build the capacity of IDHS to respond to sexual health needs	B.17 Deliver the Core of Life program to Year 10 students at Wedderburn College	✓	✓	✓
IDHS	Inglewood Primary School Wedderburn College South Loddon sporting clubs BCHS ILBIJERRI Theatre HEPCVIC	To raise awareness of sexual and reproductive health issues amongst the South Loddon community (all age groups and both genders) by 10% and build the capacity of IDHS to respond to sexual health needs	B.18 Hold an event during Sexual Health Awareness Month annually	✓	✓	✓

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
IDHS	Inglewood Primary School Wedderburn College South Loddon sporting clubs BCHS ILBIJERRI Theatre HEPCVIC	To raise awareness of sexual and reproductive health issues amongst the South Loddon community (all age groups and both genders) by 10% and build the capacity of IDHS to respond to sexual health needs	B.19 Deliver two information sessions each year in sporting clubs to increase awareness of Sexually Transmitted Infections (STI's) in young people	✓	✓	✓
IDHS	Inglewood Primary School Wedderburn College South Loddon sporting clubs BCHS ILBIJERRI Theatre HEPCVIC	To raise awareness of sexual and reproductive health issues amongst the South Loddon community (all age groups and both genders) by 10% and build the capacity of IDHS to respond to sexual health needs	B.20 Deliver Men's Health nights in collaboration with BCHS Men's Health Nurse Practitioner in two communities		✓	

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
IDHS	Inglewood Primary School Wedderburn College South Loddon sporting clubs BCHS ILBIJERRI Theatre HEPCVIC	To raise awareness of sexual and reproductive health issues amongst the South Loddon community (all age groups and both genders) by 10% and build the capacity of IDHS to respond to sexual health needs	B.21 Arrange for "Chopped Liver" a theatrical skit providing messages around Hepatitis C to be delivered in South Loddon region	✓	✓	✓
MH&CS	BCHS BreastScreen Cancer Council Centrecare CVGPN Jean Hailes Foundation Maternal and Child Health Melbourne Sexual Health Services Pharmacists Schools Nurses SHTG WHLM	To increase awareness and accessibility to sexual and reproductive health services for women in the area served by McIvor Health and Community Services	B.22 Work in partnership with other organisations to provide sexual health awareness and screening activities to the Heathcote community	✓	✓	✓

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
NDCHS	PCP Sexual Health Task Group	To increase cervical screening in the North Loddon area for women 18-69	B.23 Develop and implement a social marketing strategy to promote the bi-monthly Women's Health Clinic in North Loddon	✓	✓	✓
NDCHS	PCP Sexual Health Task Group	Maintain active membership of the SHTG	B.24 Attend meetings via video and tele conference facilities and participate in the development and implementation of the annual SHTG Plan	✓	✓	✓
SHTG	BCHS BDAC BSVB CVGPN IDHS LMHS WHLM	The number of Aboriginal women participating in screening programs in Greater Bendigo and Loddon is increased	B.25 Pap screening is promoted specifically to Aboriginal women	✓	✓	✓
WHLM	State Government Local Government Health Providers	Increase appropriate sexual and reproductive health promotion in remote and isolated areas by working with state and local governments and health providers	B.26 Explore the possibility of a funded auspice for the WHLM Well Women's Clinic to increase pap test provision in the region	✓		
WHLM	State Government Local Government Health Providers	Increase appropriate sexual and reproductive health promotion in remote and isolated areas by working with state and local governments and health providers	B.27 Improve Chlamydia testing rates by lobbying to achieve nurses being able to do Chlamydia testing (without requiring the participation of a doctor)		✓	

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
WHLM	GPs Pap Nurses Well Women's Clinics	Increase the number of disadvantaged women being screened for sexual and reproductive health	B.28 Provide ongoing 'Choices' counselling in Bendigo	✓	✓	✓
WHLM	SHTG	Sexual and Reproductive health is promoted by working in partnership with the SHTG	B.29 Work with SHTG to increase pap test provision, pap test provider training model and other activities determined by the SHTG	✓	✓	✓
WHLM	Community Health Services Local Governments	Age-appropriate sexual and reproductive health education is provided	B.30 Develop and implement a project focused on reducing teenage pregnancies and promoting sexual and reproductive health for young women	✓	✓	✓
WHLM	Community Health Services Local Governments	Age-appropriate sexual and reproductive health education is provided	B.31 Provide information sessions on menopause and well women's health	✓	✓	✓
WHLM	Community Health Services	Age-appropriate sexual and reproductive health education is provided	B.32 Develop health care tracker resources	✓	✓	✓
WHLM	Community Health Services Local Governments Schools	Age-appropriate sexual and reproductive health education is provided	B.33 Facilitate greater levels of training by teachers and health providers in programs such as Real Life and those delivered by Family Planning Victoria	✓	✓	✓

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
WHLM	PCP Member organisations	Health services are engaged in community sector partnerships that benefit women	B.34 Lead the development of an integrated health promotion plan across the Loddon Mallee region	✓	✓	✓
WHLM	PCP Member organisations	Health services are engaged in community sector partnerships that benefit women	B.35 Identify and disseminate sexual and reproductive health data/evidence to local government, PCPs, general public, DHS and other stakeholders	✓	✓	✓

Integrated Health Promotion – Promoting Physical Activity and Active Communities

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
BCHS	Dahlia & Arts Committee Eaglehawk Schools Pre-Schools Playgroups	To increase the knowledge of the benefits of physical activity for the Eaglehawk Community	C.1 To conduct a population based event	✓		
BCHS	Pre-schools Schools BH CoGB Local Business	To provide information to parents, families and service providers to increase knowledge relating to healthy feet and increased access to services and programs	C.2 Conduct settings based information sessions	✓		
BCHS	Probus Senior Citizens CoGB Media	To increase awareness for older adults of the benefits of physical activity and social connectedness	C.3 Conduct a population based event for older adults	✓		
BCHS		To engage older adults in strength training to increase balance, flexibility and strength	C.4 Conduct older adults strength training programs	✓	✓	✓
BCHS	CoGB Elmore Primary Health Services LCMS	To increase physical activity participation levels, knowledge of health related issues and access to services and programs	C.5 Conduct a walking lifestyle program for community members	✓	✓	✓

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
BCHS	Senior Citizens Probus COTA	To recruit community members to Tai Chi classes to enhance flexibility, balance and strength	C.6 Conduct regular Tai Chi classes	✓		
BCHS	Bendigo Library CAMHS BDAC YMCA Schools Kindergartens CoGB Playgroups	To raise awareness of contemporary child related issues and increase knowledge and access to children's services for 0-12 years	C.7 To conduct a population based Childrens Week event	✓		
BH	BCHS BDAC BDH BDH CoGB CVGPN IDHS LSC MH&CS Sports Focus Vision Australia	Our partnership work is progressed through the establishment of defined working groups and the development and implementation of their annual plans	C.8 Maintain the Physical Activity Consortium and facilitate the development of an annual implementation plan for the promotion of physical activity	✓	✓	✓
BH	CoGB Baptcare Strathaven	Our capacity to provide a positive experience for older people is improved	C.9 Pilot a Planned Activity/Day Respite High Group within a Residential Care Facility	✓	✓	✓

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
BH	BCHS	That 50% of the participants of the Men's Healthy Lifestyle' program demonstrate improved healthier food knowledge and healthier eating and physical activity	C.10 The facilitation of the 'Men's Healthy Lifestyle' program	✓	✓	✓
BH	Children Services Playgroups Schools	That service providers who access Bendigo Health, Health Promotion's Physical Activity and Nutrition Service Providers Project, can identify the daily physical activity and healthy eating recommendations for their client group	C.11 Provide a 'Physical Activity and Nutrition Event' for children's service providers and provide a range of supports for staff working in children's services to assist children in healthy eating and physical activity	✓	✓	✓
BH	Children Services Day Care Centres Playgroups Primary Schools Community Centres BDAC	That service providers who access Bendigo Health, Health Promotion's Physical Activity and Nutrition Service Providers Project, can identify the daily physical activity and healthy eating recommendations for their client group.	C.12 Promotion of Bendigo Health's 'Healthy Habits for Children Website Document' to services	✓	✓	✓

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
BH	Children Services Day Care Centres Playgroups Schools Community Centres BDAC	That service providers who access Bendigo Health, Health Promotion's Physical Activity and Nutrition Service Providers Project, can identify the daily physical activity and healthy eating recommendations for their client group.	C.13 Distribution of Bendigo Health's 'Healthy Habits for Children Resource Kit'	✓	✓	✓
BH	Children Services Day Care Centres Playgroups Schools BDAC Community Centres	That service providers who access Bendigo Health, Health Promotion's Physical Activity and Nutrition Service Providers Project, can identify the daily physical activity and healthy eating recommendations for their client group.	C.14 Provide 'Physical Activity and Nutrition Advisory Service' for professionals	✓	✓	✓
BH	Children Services Day Care Centres Playgroups Schools BDAC Community Centres	That service providers who access Bendigo Health, Health Promotion's Physical Activity and Nutrition Service Providers Project, can identify the daily physical activity and healthy eating recommendations for their client group.	C.15 Establish and maintain 'Partnerships with BDAC and Long Gully/Eaglehawk Neighbourhood Renewal Team' in a range of pre existing or new sessions and programs	✓	✓	✓

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
BH	Children Services Day Care Centres Playgroups Schools BCHS	That service providers who access Bendigo Health, Health Promotion's Physical Activity and Nutrition Service Providers Project, can identify the daily physical activity and healthy eating recommendations for their client group.	C.16 Strengthen our 'Collaborative Partnerships' with our partners, including them in the design of new programs and ongoing maintenance of existing ones	✓	✓	✓
BH	Schools	That 50% of the 'Healthy Habits for Children Primary School Network' indicate improvements in their ability to promote physical activity and healthy eating to children and families.	C.17 Facilitation of the 'Healthy Habits for Children Primary School Network'	✓	✓	✓
BH	St Luke's Anglicare	That 50% of people who attend a Bendigo Health, Health Promotion information session/event have improved knowledge of healthy eating and physical exercise	C.18 The facilitation of 'Physical Activity and Nutrition Information Sessions'	✓	✓	✓
BH	Mental Health Promotion Working Group	That 50% of people who attend a Bendigo Health, Health Promotion information session/event have improved knowledge of healthy eating and physical exercise	C.19 Partnering through promoting of physical activity and nutrition at local events, days or expos	✓	✓	✓

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
BH	Schools Playgroups BDAC Community Centres Support Groups	That 50% of people who attend a Bendigo Health, Health Promotion information session/event have improved knowledge of healthy eating and physical exercise	C.20 To facilitate 'Physical Activity and Healthy Eating Education Sessions for Community Groups'	✓	✓	✓
BH	Schools Playgroups BDAC Community Centres Support Groups	That 50% of people who attend a Bendigo Health, Health Promotion information session/event have improved knowledge of healthy eating and physical exercise	C.21 To increase access within the general community to best practice physical activity and healthy eating information and resources.	✓	✓	✓
BH	Central Victoria General Practice Bendigo Senior Secondary College	That 50% of youth surveyed who participated in the NETschool MOVE project have improved knowledge of healthy eating and physical exercise and that 50% of service providers demonstrate improved ability to support youth to achieve and maintain healthy eating and physical activity	C.22 Conduct the 'NETschool MOVE Project' group information sessions for youth and service providers of youth	✓	✓	✓

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
BH	Central Victoria General Practice Bendigo Senior Secondary College	That 50% of youth surveyed who participated in the NETschool MOVE project have improved knowledge of healthy eating and physical exercise and that 50% of service providers demonstrate improved ability to support youth to achieve and maintain healthy eating and physical activity	C.23 Conduct the 'NETschool MOVE Project' group information sessions for parents of youth	✓	✓	✓
BH	Central Victoria General Practice Bendigo Senior Secondary College	That 50% of youth surveyed who participated in the NETschool MOVE project have improved knowledge of healthy eating and physical exercise and that 50% of service providers demonstrate improved ability to support youth to achieve and maintain healthy eating and physical activity	C.24 Conduct the 'NETschool MOVE Project' individual information sessions for youth and service providers of youth	✓	✓	✓
CoGB LSC	BCHS BDH IDHS MH&CS BRIT	Our capacity to provide a positive experience in health promotion activities for older people is enhanced	C.25 Implement innovative training for staff working in Planned Activity Groups with a focus on Health Promotion	✓	✓	✓

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
IDHS	Inglewood Community Resource Centre Heart Foundation VicFit Dance Your Way To Health Bridgewater Group	To improve the physical health of people over 50 years of age living in the Southern part of the Loddon Shire by providing opportunities and support that will increase physical activity by 10%	C.26 Support and maintain the existing walking groups in Korong Vale, Inglewood and Tarnagulla by walking with each group four times a year	✓	✓	✓
IDHS	Inglewood Community Resource Centre Heart Foundation VicFit Dance Your Way To Health Bridgewater Group	To improve the physical health of people over 50 years of age living in the Southern part of the Loddon Shire by providing opportunities and support that will increase physical activity by 10%	C.27 Access Heart Foundation Walking Group Coordinator training to assist with implementing new walking groups at Bridgewater and Serpentine	✓	✓	✓

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
IDHS	Inglewood Community Resource Centre Heart Foundation VicFit Dance Your Way To Health Bridgewater Group	To improve the physical health of people over 50 years of age living in the Southern part of the Loddon Shire by providing opportunities and support that will increase physical activity by 10%	C.28 Provide support and encouragement to older adults to increase the proportion who participate in walking, strength training, dancing and other physical activity programs currently available	✓	✓	✓
IDHS	Inglewood Community Resource Centre Heart Foundation VicFit Dance Your Way To Health Bridgewater Group	To improve the physical health of people over 50 years of age living in the Southern part of the Loddon Shire by providing opportunities and support that will increase physical activity by 10%	C.29 Build community capacity, by the Community Development Worker attending the Get Active Program (GAP) training	✓		

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
IDHS	Inglewood Community Resource Centre Heart Foundation VicFit Dance Your Way To Health Bridgewater Group	To improve the physical health of people over 50 years of age living in the Southern part of the Loddon Shire by providing opportunities and support that will increase physical activity by 10%	C.30 Source funding opportunities to deliver the GAP programs in four communities	✓		
IDHS	Dance Your Way To Health Bridgewater Group Inglewood Community Resource Centre Heart Foundation VicFit	To improve the physical health of people over 50 years of age living in the Southern part of the Loddon Shire by providing opportunities and support that will increase physical activity by 10%	C.31 Deliver the 10 week GAP program in Tarnagulla and Korong Vale during 2010. A further 2 programs to be delivered in Bridgewater and Inglewood during 2011	✓	✓	

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
IDHS	Inglewood Community Resource Centre Heart Foundation VicFit Dance Your Way To Health Bridgewater Group	To improve the physical health of people over 50 years of age living in the Southern part of the Loddon Shire by providing opportunities and support that will increase physical activity by 10%	C.32 Develop a marketing strategy to increase community awareness of available local physical activity programs delivered and supported by IDHS	✓	✓	✓
IDHS	Inglewood Community Resource Centre Heart Foundation VicFit Dance Your Way To Health Bridgewater Group	To improve the physical health of people over 50 years of age living in the Southern part of the Loddon Shire by providing opportunities and support that will increase physical activity by 10%	C.33 Provide ongoing support and assistance to the Dance Your Way To Health (DYWTH) Bridgewater Group	✓	✓	

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
IDHS	Inglewood Community Resource Centre Heart Foundation VicFit Dance Your Way To Health Bridgewater Group	To improve the physical health of people over 50 years of age living in the Southern part of the Loddon Shire by providing opportunities and support that will increase physical activity by 10%	C.34 Attend 4 DYWTH sessions per year to ensure ongoing engagement with IDHS and deliver health promotion messages regarding exercise	✓	✓	✓
IDHS	Inglewood Community Resource Centre Heart Foundation VicFit Dance Your Way To Health Bridgewater Group	To improve the physical health of people over 50 years of age living in the Southern part of the Loddon Shire by providing opportunities and support that will increase physical activity by 10%	C.35 Provide access for DYWTH participants to the "Affect Balance Scale" assessment in 2010 and make referrals to IDHS physiotherapist if required	✓		

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
IDHS	Inglewood Community Resource Centre Heart Foundation VicFit Dance Your Way To Health Bridgewater Group	To increase the knowledge of the South Loddon community about the risk factors, prevention and treatment of Type Two diabetes by 30% per year by three years and improve self management of diabetes by 10% per year.	C.36 Develop and implement health promotion programs to improve the community members ability to manage chronic illness	✓	✓	✓
IDHS	Diabetes Australia Rural Women's On Farm Gathering	To increase the knowledge of the South Loddon community on the risk factors, prevention and treatment of Type Two diabetes by 30% per year by three years and improve self management of diabetes by 10% per year	C.37 Deliver the LIFE program in one community each year, then a follow up program	✓		
IDHS	Diabetes Australia Rural Women's On Farm Gathering	To increase the knowledge of the South Loddon community on the risk factors, prevention and treatment of Type Two diabetes by 30% per year by three years and improve self management of diabetes by 10% per year	C.38 Deliver the "Better Health Self Management Program" (BHSMP) in Korong Vale and repeat in one community each year	✓	✓	✓

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
IDHS	Diabetes Australia Rural Women's On Farm Gathering	To increase the knowledge of the South Loddon community on the risk factors, prevention and treatment of Type Two diabetes by 30% per year by three years and improve self management of diabetes by 10% per year	C.39 Scope grant applications to assist with delivery of BHSMP	✓	✓	✓
IDHS	Diabetes Australia Rural Women's On Farm Gathering	To increase the knowledge of the South Loddon community on the risk factors, prevention and treatment of Type Two diabetes by 30% per year by three years and improve self management of diabetes by 10% per year.	C.40 Inform diabetic clients of the new Nurse On Call Chronic Illness Management service to assist self management	✓	✓	✓
IDHS	Diabetes Australia Rural Women's On Farm Gathering	To increase the knowledge of the South Loddon community on the risk factors, prevention and treatment of Type Two diabetes by 30% per year by three years and improve self management of diabetes by 10% per year.	C.41 Maintain the IDHS working party for Health Promotion Events	✓	✓	✓
IDHS	Diabetes Australia Rural Women's On Farm Gathering	To increase the knowledge of the South Loddon community on the risk factors, prevention and treatment of Type Two diabetes by 30% per year by three years and improve self management of diabetes by 10% per year.	C.42 Provide advice and information on diabetes at Rural Women's on Farm Gathering	✓		

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
MH&CS	PAC	To improve the uptake of Strength Training across the Heathcote community	C.43 Promote the usage of the PCP strength training posters to those aged 55 years and over across the Heathcote community	✓		
MH&CS	Primary Schools CoGB PAC	To improve the uptake of regular activity programs amongst the Heathcote community	C.44 Encourage the establishment of walking, dancing and activity groups/programs amongst community houses, neighbourhood houses, or primary schools			✓
NDCHS		To provide strength training for older adults to increase balance, reduce the risk of falls and encourage physical activity in Pyramid Hill	C.45 Conduct older adults strength training programs	✓	✓	✓
NDCHS	Schools Sports Clubs Men's Sheds	To encourage the uptake of physical activity in the North Loddon area	C.46 Conduct health education and information sessions in a range of settings	✓	✓	✓
PAC	BCHS BDAC BDH BH CVGPN IDHS MH&CS Sports Focus	Create supportive environments for positive lifestyles for older people	C.47 Implement the Strength Training Development Plan	✓	✓	✓

Integrated Health Promotion – Reducing Tobacco Related Harm

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
BCHS	Schools QUIT	To reduce the uptake of young people taking up smoking in the City of Greater Bendigo	D.1 In conjunction with QUIT Victoria conduct social marketing strategies	✓		
BCHS		To pilot an integrated lifeskills program for ADD clients with a focus on enhancing skills and capacity to reduce tobacco intake and encourage a healthy lifestyle	D.2 Conduct interactive flexible client focussed lifeskills program for 6-8 weeks	✓		
BCHS	QUIT	To provide opportunities for the reduction of uptake in tobacco and to increase community capacity to adopt tobacco cessation strategies in the City of Greater Bendigo	D.3 Provide education and support to both prevent the uptake of tobacco and engage in tobacco cessation activities	✓		
BDAC	BCHS BH CVGPN DH IDHS	The number of Aboriginal people smoking in Greater Bendigo and Loddon is reduced	D.4 Smoking cessation and smoking prevention programs are promoted specifically to Aboriginal people and staff of Aboriginal specific services	✓	✓	
BH	Pharmacies BCHS QUIT	That pharmacies have increased capacity to access resources and training to support clients in smoking cessation	D.5 Complete and disseminate the 'Pharmacy Mapping Report' or summary to pharmacies	✓		

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
BH	Pharmacies BCHS QUIT	That pharmacies have increased capacity to access resources and training to support clients in smoking cessation	D.6 Collaboratively develop and disseminate to pharmacies 'Localised Referral Pathway' for people wanting to access Quit smoking support services	✓		
BH	Pharmacies QUIT	That pharmacies have increased capacity to access resources and training to support clients in smoking cessation	D.7 On request, facilitate 'Pharmacy Specific Training' for pharmacy staff in Bendigo	✓	✓	✓
BH	Pharmacies QUIT	That pharmacies have increased capacity to access resources and training to support clients in smoking cessation	D.8 Conduct activities to increase access of organisations to best practice tobacco cessation and prevention information and resources	✓	✓	✓
BH	Pharmacies QUIT	That pharmacies have increased capacity to access resources and training to support clients in smoking cessation	D.9 Facilitate tobacco cessation/prevention information sharing between pharmacies		✓	✓
BH	Pharmacies BCHS QUIT	That pharmacies have increased capacity to access resources and training to support clients in smoking cessation	D.10 Build the capacity of pharmacy staff to order Quit Vic resource kits		✓	✓

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
BH	BCHS QUIT BDAC NET School DHS Laryngectomy Support Group High Schools	That participants of Health Promotion smoking indicate that they intend to not begin smoking or to change their smoking behaviours and that service providers in the Bendigo area indicate that they have increased access to best practice smoking cessation/prevention	D.11 Facilitate a 'Laryngectomy Visit' to one secondary college in Greater Bendigo	✓	✓	✓
BH	BCHS QUIT BDAC NET School High Schools	That participants of Health Promotion smoking indicate that they intend to not begin smoking or to change their smoking behaviours and that service providers in the Bendigo area indicate that they have increased access to best practice smoking cessation/prevention	D.12 Facilitate targeted smoking cessation and prevention programs within the community	✓	✓	✓
BH	BCHS QUIT BDAC NET School High Schools Ccommunity centres	That participants of Health Promotion smoking indicate that they intend to not begin smoking or to change their smoking behaviours and that service providers in the Bendigo area indicate that they have increased access to best practice smoking cessation/prevention	D.13 Supply local services with best practice smoking cessation/prevention resources that are sensitive to their specific target groups	✓	✓	✓

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
BH	BCHS QUIT BDAC NET School High Schools Community centres	That participants of Health Promotion smoking indicate that they intend to not begin smoking or to change their smoking behaviours and that service providers in the Bendigo area indicate that they have increased access to best practice smoking cessation/prevention	D.14 Provide training and resources to local youth health workers in smoking cessation and prevention	✓	✓	✓
BH	BCHS QUIT BDAC, DHS School Nursing Program CVGPN	That participants of Health Promotion smoking indicate that they intend to not begin smoking or to change their smoking behaviours and that service providers in the Bendigo area indicate that they have increased access to best practice smoking cessation/prevention	D.15 Facilitate the 'Tobacco Cessation Committee'	✓	✓	✓
MH&CS	Alcohol and Drugs Network Loddon Mallee CVGPN BCHS BH	To increase the uptake of the Quit program in the local Heathcote area	D.16 Invite funded Quit program providers to work in partnership with MH&CS and investigate the feasibility of outreach services being provided to the area		✓	
NDCHS	Schools Sporting Clubs Mens' Shed Community Groups	To encourage the reduction of tobacco usage in North Loddon	D.17 Conduct health information and education sessions in a range of settings	✓	✓	✓

Organisation	Partners	Objective	Intervention Type and Strategies	09/10	10/11	11/12
NDCHS		To provide opportunities for the reduction of tobacco related harm by individuals in North Loddon	D.18 To conduct one-on-one skill development and individual capacity building in response to those who wish to cease smoking	✓	✓	✓