

Sexual Health Services *Guide*

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Service Providers included in this guide:

BCHS	Bendigo Community Health Services
BDH	Boort District Hospital
Bendigo Health	Bendigo Health (Hospital) www.bendigohealth.org.au
CAN	Country Awareness Network (Vic) Inc. www.can.org.au
CASA	Centre Against Sexual Assault www.casa.org.au
FAB-CV	Friends Alike of Bendigo, Central Vic- Gay, Lesbian, Bisexual, Transgender, Intersex (GLBTI) Support Group www.myspace.com/fabcv
IDHS	Inglewood & Districts Health Service
La Trobe University	La Trobe University Bendigo - Health Service www.latrobe.edu.au/bendigo/students/services/health
Mclvor	Mclvor Health & Community Services
NDCHS	Northern District Community Health Service (services at Boort, Pyramid Hill & Kerang) www.ndchs.org.au
PFLAG	Parents, Families & Friends of Lesbians & Gays www.pflagvictoria.org.au
Way2Be	Gay, Lesbian, Bisexual, Transgender, Intersex, Queer, Straight Friendly (GLBTIQS) Youth Support Group (16-25 years) www.myspace.com/way2be_bendigo
WHLM	Women's Health Loddon Mallee www.whlm.org.au

Birth Information & Support

BCHS - Young Pregnant & Parenting Program (YPPP)	5448 1600
Bendigo Health - Midwives Clinic	5454 7288
Bendigo Health - Obstetric Clinic	5454 7288
NDCHS - Well Women's Clinic	5451 0200
WHLM - Bendigo	5443 0233
WHLM (Toll Free)	1800 350 233
For your nearest Maternal & Child Health Service	5434 6466
M & CHS Central State number (24 hour service)	132229

Counselling

Bendigo Health - Maternity Support Program (if baby born at Bendigo Health)	5454 7282
CAN - (HIV, Hepatitis C, sexual health)	5443 8355
Centre Against Sexual Assault (CASA) - recent & past	5441 0430
Centre Against Sexual Assault (CASA) - recent & within 72 hours	1800 806 292
Gay & Lesbian Switchboard	1800 184 527
IDHS	5431 7000
La Trobe University	5444 7390
Mclvor	5431 0900
NDCHS	5451 0200
WHLM - Bendigo	5443 0233

Emergency Contraception

Available over the counter from selected pharmacists (must be aged 16 or over & costs incurred may vary)

BCHS - Family planning/Sexual Health Service	5434 4330
BCHS - Options Youth Clinic	5448 1600
BDH	5455 2100
IDHS (advice available)	5431 7000
La Trobe University	5444 7390
NDCHS (advice available)	5451 0200
Primary Care Clinic	5441 8622

Emergency contraception:
If you can't get to any of the above services within 72 hours of unprotected sex, try the emergency department of the hospital. You may have to wait for a long period of time & others may be given priority over your case.

Family Planning Services

BCHS - Family Planning/Sexual Health Service	5434 4330
BCHS - Well Women's Clinic	5448 1600
Bendigo Health - Gynaecology Clinic (on referral from local doctor)	5454 7288
IDHS (individual counselling by appointment)	5431 7000
NDCHS	5451 0200
WHLM - Women's Health Nurse	5443 0233

Information & Referral Services

BCHS - Family Planning/Sexual Health Service	5434 4330
BCHS - Options Youth Clinic	5448 1600
BCHS - Well Women's Clinic	5448 1600
CAN - (HIV, Hepatitis C, sexual health)	5443 8355
Gay & Lesbian Switchboard	1800 184 527
Hep C Infoline	1800 703 003
HIV Sexual Health Connect	1800 038 125
IDHS (by appointment)	5431 7000
La Trobe University	5444 7390
NDCHS	5451 0200
WHLM - Bendigo	5443 0233
WHLM (Toll Free)	1800 350 233

Pregnancy Testing & Options Counselling

BCHS - Family Planning/Sexual Health Service	5434 4330
BCHS - Options Youth Clinic	5448 1600
BCHS - Well Women's Clinic	5448 1600
BDH	5455 2100
Bendigo Health - Gynaecology Clinic (on referral from local doctor)	5454 7288
IDHS (by appointment only)	5431 7000
La Trobe University	5444 7390
Mclvor (pregnancy testing only)	5431 0900
NDCHS	5451 0200
WHLM - Bendigo	5443 0233

Screening for Sexually Transmissible Infections & Blood Borne Viruses

BCHS - (sexually transmissible infections/blood borne viruses)	5434 4330
BCHS - Options Youth Clinic	5448 1600
BCHS - Well Women's Clinic	5448 1600
BDH	5455 2100
Bendigo Health - Gynaecology Clinic (on referral from local doctor)	5454 7288
La Trobe University	5444 7390

Sexual Assault Services

Centre Against Sexual Assault (CASA) - recent & past	5441 0430
Centre Against Sexual Assault (CASA) - recent & within 72 hours	1800 806 292

Support Groups & Services

BCHS - Young Pregnant & Parenting Program (YPPP)	5448 1600
Bendigo Health - Community Parenting Program (if baby born at BH)	5454 7285
CAN	5443 8355
FAB-CV - GLBTI support group	5439 6505 or 0418 836 006
PFLAG - Parents, Families & Friends of Lesbians & Gays	0418 710 061
Way2Be - GLBTIQS Youth Support Group (16-25)	5434 6090

Well Women's Clinics

BCHS - (Central Site)	5448 1600
BCHS - (Eaglehawk Site)	5434 4330
IDHS - (Inglewood)	5431 7000
IDHS - (Wedderburn)	5431 7080
NDCHS - (Pyramid Hill, Kerang, Boort)	5451 0200
WHLM - (Bendigo)	5443 0233
WHLM (Toll Free)	1800 350 233

Other HIV/Hep C Services

Needle/syringe programs:

BCHS - (Central Site)	5448 1600
BCHS - (Eaglehawk Site)	5434 4300
BCHS - (Kangaroo Flat Site)	5430 0500 or Tues - Sat 7.30pm - 11pm A/H Freecall 1800 636 514
IDHS	5431 7000
La Trobe University	5444 7390

Infectious Disease Clinic:

Bendigo Health (on referral from local doctor)	5454 8422
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Post Exposure Prophylaxis (PEP Services) - For people who think they may have been exposed to HIV through unprotected anal or vaginal sex or through sharing injecting equipment with someone who is HIV positive or at high risk. PEP is most effective within 72 hours of exposure, & will be most beneficial if treatment is started earlier.

Bendigo Health - (Emergency Department)	5454 6000
Victorian PEP Service at the Alfred	1800 889 887

Your local Doctor is a great source of information & can refer you to a number of other services.