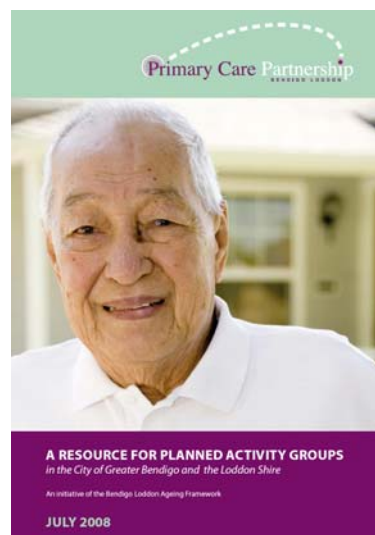


The Bendigo Loddon Ageing Framework Action Plan (2007-2009)

Evaluation report



June 2009

Completed by Nancy Vaughan for the Bendigo Loddon Primary Care Partnership - June 2009



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Introduction

The **Bendigo Loddon Ageing Framework Action Plan (2007-2009)** is a partnership between the Bendigo Loddon PCP, the Regional Office of DHS and the member agencies of Bendigo Health, Bendigo Community Health Services, City of Greater Bendigo, Loddon Shire, Mclvor Health and Community Services, Inglewood and Districts Health Services and Boort District Health.

The purpose of this evaluation report is to review the Ageing Framework Action Plan (2007-2009) and to identify the value of the Action Plan implementation to the reference group members and their clients. This is not an evaluation of the entire Bendigo Loddon Ageing Framework project. The evaluation report will also assist in determining the future of the Ageing Framework Action Plan.

The scope of the evaluation was to gather feedback from the reference group members, the PCP Executive Officer and selected individuals involved in the Action Plan activities. The evaluation process involved surveying and interviewing the reference group members and project co-ordinator and interviewing a number of individuals who had involvement in certain Action Plan activities.

Background

The original Bendigo Loddon Ageing Framework was commissioned in 2003 by agencies of the Bendigo-Loddon Primary Care Partnership (PCP) in response to an increasing awareness of the issues, challenges and opportunities surrounding the ageing population of the PCP catchment. The project was originally funded by City of Greater Bendigo, Bendigo Community Health Services, Loddon Shire, Bendigo Health, the Bendigo Loddon Primary Care Partnership and the Department of Human Services.

The three year funding for the original Bendigo Loddon Ageing Framework ran until the 30th June 2007. In 2007, the Ageing Framework Reference Group was successful in applying for further funding to allow for a 2 year extension of the project. As a condition of funding, the Department of Human Services required a clear Action Plan with measurable outcomes. The resulting Action Plan comprises six strategic goals and 13 individual actions.

The existing Bendigo Loddon Ageing Framework Reference Group remained and was joined by Mclvor Health and Community Services, Inglewood and Districts Health Services and Boort District Health. Co-ordination of the Ageing Framework Action Plan transferred from City of Greater Bendigo to the Bendigo Loddon PCP office.

Project outcomes summary

Strategic Goal	Objective	Strategies	Outcomes
1. An Active Model of Health	1.1 Increase the capacity of agencies to provide Strength Training for older people across the catchment	1.1 Assist the BLPCP Physical Activity consortium to develop a Strength Training Plan	<p>1.1 Strength Training Plan developed & implemented & increased participation measured</p> <p>Achieved? YES</p> <p>In conjunction with the PCP Physical Activity Consortium, the Strength Training (ST) Plan was completed in 2007/08. Implementation has commenced and will continue over the next three years as resources become available. A new Strength Training group has been established in Dingee. Additionally, because of the Strength Training Plan, the PCP was able to obtain an additional grant from the Office of Seniors for equipment for Strength Training groups. The new Strength Training equipment went to Inglewood District Health Service, Boort District Health, Dingee Bush Nursing Centre, Mclvor Health & Community Services and Bendigo Community Health Services - Elmore Group. It is expected that the new equipment will also enable expansion of ST activities.</p>
	1.2 Extend the Dance Your Way to Health project from Inglewood to other communities	1.2 Input to the DYWtH Action Plan and encourage implementation across the catchment	<p>1.2 Action Plan developed and implemented and increased participation measured</p> <p>Achieved? YES</p> <p>A guide was developed for other communities to establish the Dance for Fun and Exercise Program. The Guide is 30 pages and is targeted at community members. It was completed in February 2009. 150 copies have been distributed to a range of community and health organisations in the region. The document is also on the BLPCP website.</p>
	1.3 Build capacity of agencies to extend and sustain Walking Groups with older groups not yet engaged in physical activities	1.3 Seek funds for the extension of walking groups, for diverse communities and implement walking leadership programs	<p>1.3 Walking Groups extended & a number of leadership graduates successfully completing the course</p> <p>Achieved? YES</p> <p>In conjunction with the PCP's Physical Activity Consortium, a grant was received to increase participation in walking groups. New walking groups were established in/for: Vision Australia in Bendigo, the CALD community (Bendigo area), Boort District Health, Wedderburn Neighbourhood house, Tarnagulla and Korong Vale and the lower level residential aged care in Inglewood. An existing walking group at Inglewood was also strengthened. Walking Group leadership training was delivered in Bendigo and Wedderburn and was attended by 25 people (14 Let's Walk project volunteers and 11 general community members). Of the 14 Let's Walk volunteers, 9 are now supporting walking groups.</p>

2. Sustainable Social Support Programs for Older Persons	2.1 Workforce development in partnership with PAG staff	2.1 Development of short courses with Registered Training Organisations, using diverse skills to provide innovation in program development for PAG staff	<p>2.1 Social Support Groups are enhanced and sustained</p> <p>Achieved? First stage completed</p> <p>A training needs analysis was developed by BRIT, in consultation with the agencies and their PAG managers, workers and volunteers. The next phase is to implement the training. BRIT has provided a proposal to facilitate the training. It is expected, providing resources are available, that the training will be implemented between June and September 2009.</p>
	2.2 Implement health and independence focus for older persons living in their community	2.2 Develop a PAG Tips Booklet for the workforce development of PAG staff through consultation and partnership with a wide range of innovative service providers	<p>2.2 Innovative ideas are shared & implemented to enhance social support for older persons groups</p> <p>Achieved? YES</p> <p>The PAG Tips Booklet was completed in July 2008. The 44 page document covers topics such as Tips to Increase Active Living, Tips for Healthy Eating, and Tips for Positive Mental Health. 200 copies have been distributed and the document is available on the BLPCP website.</p>
	2.3 Health Promotion is evident in PAGs activities	2.3. Encourage health promotion and independence focus in the PAG Tips booklet	<p>2.3 Older persons attending social support groups have better access to health information and are encouraged to remain independent</p> <p>Achieved? YES</p> <p>See above.</p>
3. Social Connections and Service Delivery Innovations	3.1 Seek funding with Mclvor Health for the conduct of an innovative Falls Prevention Project in Heathcote	3.1 Develop and Implement the Evaluation Plan for the Mclvor Health Falls Project	<p>3.1 The Falls Prevention Project Evaluation for Mclvor Health is completed on time</p> <p>Achieved? First stage completed</p> <p>The funding application was successful for the Falls Prevention Project in Heathcote and the project has commenced. The evaluation plan is currently being developed by the PCP.</p>
	3.2 Seniors week activities	3.2 Participate in the development of innovative and health promotional activities to be provided during Victorian Senior Weeks	<p>3.2 Seniors Week will continue to develop with emphasis on community connectedness and active involvement</p> <p>Achieved? YES</p> <p>City of Greater Bendigo and Loddon Shire reported that they have run an expanded range of Seniors Week activities, with an increasing emphasis on encouraging people to try activities to stimulate mind and body, e.g. trying out the YMCA, as well as a greater emphasis on active participation and social interaction between other groups and communities.</p>

4. Promotion of Chronic Disease Management Services to the Aged Care population	4.1 Assist in the development of CDM marketing with aged care agencies	4.1 Implementation of promotional activities and distribution of marketing materials to clients of aged care agencies	<p>4.1 Older persons have access to chronic disease self management information</p> <p>Achieved? YES</p> <p>A range of activities have been implemented:</p> <ul style="list-style-type: none"> * A day provided in Wedderburn during Diabetes Week, where over 40 people attended to hear about how to access diabetes programs and information. * Loddon now has a CDM management group (initiated by the PCP on request of the Loddon Shire Council) and they have a CDM action plan and have increased access to CDM service information. * The Diabetes Nurse Educators in Bendigo (from BCHS, St John of God and Bendigo Health) are preparing a Diabetes Information Booklet which lists information about diabetes related services. This is almost completed. The Diabetes Nurse Educators will then distribute this to their clients. Medical practices will also receive these booklets. * BCHS, Inglewood and Dingee have partnered to develop two new Better Health Self Management Groups: one in Dingee and one in Korong Vale. Also, training has taken place on facilitating Better Health Self Management Groups (focus is on CDM) and a staff member from Inglewood, a community member from Korong Vale and two community members from Dingee attended this training.
	4.2 Ensure the barriers facing older persons are considered in the delivery of health promotion and CDM interventions	4.2 Work with CDM programs to identify and address barriers facing older persons with chronic diseases	<p>4.2 Barriers for older persons are reduced</p> <p>Achieved? Partly</p> <p>There has been a variety of activities undertaken to assist agencies to breakdown barriers, but minimal work has been done on identifying barriers.</p>
5. Workforce Development	5.1 Participate in partnership with Monash School of Rural Health for capacity building of small rural health services residential aged care workforce	5.1 Implementation of EBPRAC Project across the Loddon Mallee Region involving seven rural aged care facilities including Inglewood and Districts Health Service and Boort District Health	<p>5.1 Residential Aged Care Workforce in the EBPRAC sites are competent in addressing behaviours of residents with Dementia and other related conditions</p> <p>Achieved? YES</p> <p>The EBPRAC project has been underway for 6 months and work is in progress with the 7 aged care facilities. The project is scheduled to finish in December 2010.</p>

6. Planning for the Future	6.1 Actively participate in HACC Service Development and Planning for Bendigo Loddon	6.1 Attend DHS HACC Planning Forums to advocate for service development in the catchment	6.1 Input provided to HACC Planning in the Bendigo Loddon catchment Achieved? YES The DHS has had two rounds of consultation for the HACC Plan that covers the next 3 years. Most of the agencies involved in the Ageing Framework have attended these consultations and the Bendigo Loddon PCP Executive Officer has also attended.
	6.2 Review the Bendigo Loddon Ageing Framework Action Plan to identify the value to the partner agencies and determine the future role Ageing Framework implementation in the Bendigo Loddon catchment	6.2 The partners will review and identify the value of the Framework implementation to determine their commitment to the Framework into the future	6.2 The decision to continue providing resources to include the Framework in core business will be determined by the partners by 30 June 2009. Achieved? YES The original arrangement was to undertake an evaluation at the end of the 2 year period and this has been completed through the completion of this evaluation report.

Survey and interview responses

Each of the ten reference group members was sent a survey and invited to complete the survey as part of this evaluation. Nine surveys were returned (see Appendix 2). A copy of the survey is located in Appendix 1. Seven* of the reference group members were also interviewed, to gather more detailed insights and observations. Note that not all survey respondents had comprehensive knowledge of all of the actions, due to their involvement in specific aspects of the AFAP.

* Some reference group members were not available for interviewing at the time.

General questions

Survey scores

Question	Scores							Median value
Overall, how successful was the Ageing Framework Action Plan in achieving its objectives?	Zero 0	Min. 0	Some 2	Mod. 5	Very 2	No resp. 0		Moderately
Overall, what level of benefit did the Ageing Framework Action Plan provide to your agency and its clients?	Zero 0	Low 0	Mod. 6	High 3	V. High 0	No resp. 0		Moderate
How much benefit was it to you and your agency to be part of the Reference Group for the Ageing Framework Action Plan?	Zero 0	Low 0	Mod. 2	High 4	V. High 1	No resp. 2		High

Survey and interview comments

The success of the Ageing Framework Action Plan:

As the scores above indicate, most reference group members agreed that the Ageing Framework Action Plan (AFAP) had been moderately successful in achieving its objectives. Some respondents commented that the success was constrained by:

- Difficulty in getting everyone to meetings
- Changes to representatives over the 2 years
- Lack of clear leadership of some actions
- Lack of a clear, over-arching strategy and minimal opportunities to influence selection/prioritisation of actions
- Lack of review of actions along the way

Benefit to the project partners: All survey respondents stated that the AFAP had been of a moderate or high level of benefit to them. Some respondents acknowledged that they had only

benefited a small amount but felt that, overall, the AFAP had benefited a number of other agencies and that the work was important.

Benefits in participating in the reference group:

Most respondents said that their involvement in the reference group was an important and successful part of the project because it provided a forum to exchange information, improve relationships, discover shared issues, and to find new ways to work in collaboration. One respondent felt that the reference group duplicated the representation on existing PCP committees and that perhaps the PCP service co-ordination committee could take in the AFAP reference group role.

“The biggest benefit to us was the sharing of the information and ideas with other aged care services, particularly councils. Getting to understand what their barriers and linkages are and how things work in other organisations was a big benefit.”

The actions

Survey scores

1. Active model of health								Average score
Increase the capacity of agencies to provide Strength Training for older people across the catchment (Strength Training Development Plan)	Zero 0	One 0	Two 0	Three 7	Four 1	Five 1	No resp. 0	3.3
Extend the Dance Your Way to Health project from Inglewood to other communities (Dance for Fun and Exercise Guide)	Zero 0	One 0	Two 1	Three 2	Four 2	Five 1	No resp. 2	3.5
Build capacity of agencies to extend and sustain Walking Groups with older groups not yet engaged	Zero 0	One 0	Two 0	Three 3	Four 4	Five 1	No resp. 1	3.8
2. Sustainable social support programs for older persons								
Workforce development in partnership with PAG staff	Zero 0	One 0	Two 1	Three 3	Four 2	Five 2	No resp. 1	3.6
Implement health and independence focus for older persons living in their community (PAG Tips Booklet)	Zero 0	One 0	Two 1	Three 2	Four 4	Five 2	No resp. 1	4.0
Health Promotion is evident in PAGs activities	Zero 0	One 0	Two 1	Three 1	Four 3	Five 2	No resp. 2	3.9
3. Social connections and service delivery innovations								
Seek funding with Mclvor Health for an innovative Falls Prevention Project (IFPP) in Heathcote	Zero 0	One 0	Two 1	Three 1	Four 0	Five 2	No resp. 5	3.8
Seniors Week activities	Zero 0	One 0	Two 2	Three 2	Four 3	Five 1	No resp. 1	3.4
4. Promotion of Chronic Disease Management (CDM) Services to the Aged Care population								
Assist development of CDM marketing with aged care agencies	Zero 0	One 0	Two 3	Three 3	Four 1	Five 0	No resp. 2	2.7
Ensure barriers facing older persons are considered in delivery of health promotion & CDM interventions	Zero 0	One 0	Two 3	Three 3	Four 1	Five 0	No resp. 2	2.7
5. Workforce Development								
Participate in partnership with Monash School of Rural Health for capacity building of small rural health services residential aged care workforce (EBPRAC Project)	Zero 0	One 0	Two 0	Three 1	Four 2	Five 2	No resp. 4	4.2
6. Planning for the Future								
Actively participate in HACC service development & planning for Bendigo Loddon	Zero 0	One 1	Two 1	Three 0	Four 6	Five 1	No resp. 0	3.6
Review the BL Ageing Framework Action Plan to identify the value to partner agencies & determine the future role Ageing Framework implementation in the Bendigo Loddon catchment.	Zero 0	One 0	Two 2	Three 2	Four 4	Five 1	No resp. 0	3.4

Survey and interview comments

1. Active model of health

The **Strength Training Development Plan** was reported to be a useful step in the analysis of how to increase access, but that implementation was now required. Other respondents stated that the Strength Training Development Plan and the new equipment this has enabled has been a significant achievement of the AFAP.

"We've been able to get some really good benefits out of continued and sustained strength training."

The **Dance for Fun and Exercise Guide** was generally described as being a valuable and useful resource. There was a high level of awareness of the guide and appreciation of the quality of the final product and its content.

The **extension of Walking Groups** to older people in diverse communities and the implementation of leadership programs scored consistently well in the surveys and there seemed to be a consensus that this action had been successful. Bendigo Community Health Services was recognised as being an important partner in the CALD walking group project, by providing a walking group leader.

"I think the Ageing Framework has been very influential in developing sustainable walking groups across our area. We've certainly developed one through the Ageing Framework that has continued beyond the project."

2. Sustainable social support programs for older persons

The **PAG Workforce Development** was generally recognised as being only partially complete, while respondents acknowledged that the foundation/research component of the PAG workforce training project was very important and would have long term benefits.

"I think the longer term benefits of the PAG staff training will be fantastic - really worthwhile."

The **PAG Tips Booklet** received very strong feedback as a successful project and a highlight of

the AFAP. Reasons for its success were attributed to it being something tangible, the high quality of the finished product, the quality and usefulness of the content, and the process taken to develop the content. One respondent suggested that workshops to accompany the booklet will be an important part of implementation.

"I think it's a fantastic resource. It just brought everything together. It was written in simple language as a reference book and it included feedback from people who are actually running the PAG program."

Health promotion in the PAG Tips Booklet was recognised as having been achieved but it was acknowledged that this was not currently translating into increased health promotion activities taking place in the PAGs yet.

3. Social connections and service delivery innovations

The funding application for Mclvor Health to conduct an innovative **Falls Prevention Project** in Heathcote was successful. However, outside of Mclvor Health, there was a low level of awareness about the project outcomes. The survey respondents who were aware of the project were pleased with the outcomes.

The continued development of **Seniors Week**, with emphasis on community connectedness and active involvement, was generally considered a successful action by a number of respondents.

"We have a lot more emphasis on participation and linking in to other groups and communities. I think this is being done well."

4. Promotion of Chronic Disease Management (CDM) Services to the Aged Care population

The assisting development of **CDM marketing** action received the equal lowest survey scores and there was a low level of awareness about this action, including who was driving it. Some

respondents commented that there was a lack of clarity and leadership about the activity.

The action to **identify and address barriers facing older persons with chronic diseases** received the equal lowest score from survey respondents. Other than Bendigo Community Health Services, there was an overall low level of understanding about the activity. The general opinion was that little had been achieved.

5. Workforce development

The **implementation of EBPRAC Project across the Loddon Mallee Region**, involving seven rural aged care facilities including Inglewood and Districts Health Service and Boort District Health, received the highest survey score but had a low number of respondents who knew anything about it. Those who did respond to the question stated that the activity had been very successful.

“It is, without a doubt, the crowning glory of the Ageing Framework. It was a fantastic outcome and it will kick goals for the next few years.”

6. Planning for the Future

Actively participating in **HACC Service Development and Planning** for Bendigo Loddon received low and high scores. One respondent was disappointed that their organisation and the AFAP reference group had been unable to directly influence HACC planning and growth allocation. Other respondents stated they were very pleased with the level of involvement they and the PCP had had in the DHS HACC consultation sessions.

Reviewing the BL Ageing Framework Action Plan and identifying the value to project partners received a mixed response also. A number of survey respondents stated that there was not enough review/evaluation of the overall framework or of the individual actions, over the two years. Some comments concerning review were related to the earlier Ageing Framework document.

“When you have a strategy, you need to revisit really regularly so you know you’re on the right track and achieving what you need to be achieving. Yes, I think we’ve done the project well, but I think we need more focus on regular review of our progress and updating how we’re going. It keeps the focus.”

The future

Survey scores

Question	Responses						Median value
How important do you think it is for the work of the Ageing Framework Action Plan to continue?	Zero 0	Low 0	Mod. 3	High 2	V. High 1	No resp. 3	Moderate - High
How willing would you be to continue the work of the Ageing Framework Action Plan?	Not Willing 0	Not sure 1	Willing 4	V.willing 1		No resp. 3	Willing

Survey and interview comments

The importance of continuing the Ageing Framework Action Plan: Survey respondents agreed that it was important to continue the work of the AFAP. However, some respondents stated that they believed it may be better for the AFAP to continue in a different model, with a different style of reference group. A number of respondents stated that they would like to have input into the selection and prioritisation of new actions that would be part of a new Ageing Framework or Strategy. Some respondents have indicated that they think an over-arching Ageing Strategy, that incorporates a range of issues associated with the ageing population, is required and that this could be developed and managed by the City of Greater Bendigo working with the key agencies.

Willingness to continue the work of the Ageing Framework Action Plan: Most respondents indicated they were willing or very willing to continue the work of the AFAP. Some indicated they were willing but felt that changes would need to occur (as set out in previous section).

Disappointments

- Needed to be more strategic. Too focused on the here and now, rather than future planning needs
- Opportunities to collaborate often missed
- Sporadic representation on reference group and fluctuating levels of interest and understanding
- Focused on the younger, fitter ageing population
- Lack of evaluation of activity outcomes
- The inability to directly influence HACC future planning and resource allocation

Challenges

- Meeting the requirements of the different agencies involved, given that they had contributed funding and had expectations of getting something back
- Involving members in strategic discussion when limited time available and fluctuating attendance
- Getting everyone together for meetings
- Retaining project officers/co-ordinators
- Lack of clear leadership of some projects (CDM)
- Planning for the future and understanding the future population needs of the communities
- Limited resources to implement the Action Plan
- Juggling priorities of own organisation and managing AFAP

What was learnt

- There are merits in a collaborative effort but needed to have a more refined process
- The importance of ongoing marketing of achievements
- That the members all had similar issues and how broad and increasingly complex these are
- A better appreciation of a range of aged care issues facing other service providers

- That people can work in partnership, even when there is little chance of great outcomes for their own organisation & local area
- Recognising the need for better integrated services and the need for strengthening partnerships between aged care providers

What would you do differently?

- We should have taken more of a direct role in the compilation of the framework/strategy
- A newsletter to keep members updated on the various activities would have been beneficial
- More focus on the more dependant ageing population
- There should be more coverage of issues that are prevalent in rural and remote communities
- Identify some key projects and priorities as opposed to trying to deliver an extensive number of Action Plans within a short timeframe

Greatest achievement/s?

- The PAG Tips Booklet; The PAG workforce training needs report; The Dance for Fun and Exercise Guide; The walking groups; the EBPRAC Project
- Being able to tick things off from the AFAP
- Involved the PCP in a broader range of issues
- Being able to get some projects undertaken that normally couldn't happen with PCP core funding
- Getting the funding for the Falls Prevention Project with Mclvor Health
- The strategic discussions on aged care issues that were affecting service delivery (through meeting as a reference group). It allowed shared knowledge and sometimes we arrived at solutions

Summary

How successful was it?

Based on the information provided by the AFAP reference group members and the PCP Executive Officer, the AFAP was successful in completing most of its activities.

Activities had varying levels of success but many were successfully completed and a number have had important foundation work completed. Other activities have successfully commenced and are on track for completion.

However, the individual activities will need to be evaluated to determine whether each has achieved its outcomes. While the PAG Tips Booklet was successfully developed and distributed, it has not been evaluated yet, in terms of the difference it has made to PAG workers and the wellbeing of those people who use this service. In many instances, it is too early to evaluate the outcomes but this should remain an important task for the future.

The reference group meetings, as forums to share issues and information, were also considered by most of the members to be a successful and important outcome of the AFAP.

Successful actions

While rating of the individual actions varied, it was evident that those activities that had clear ownership and processes and that had measurable outcomes were considered most successful.

The activities that had a tangible outcome, such as the PAG Tips Booklet and the Dance for Fun and Exercise Guide, also appeared to have a wider level of awareness amongst the reference group, compared to other activities.

The need for a leader/champion and driving agency for each action was mentioned a number of times and considered an important part of a future AFAP.

Some of the AFAP actions were considered by some reference group members to be a mismatch with

their agency's needs and priorities and/or the over-arching needs of the wider aged population.

The future of the AFAP

The reference group members had varying opinions about the success of the AFAP and its activities. However, most agreed that it was important to continue the work of the AFAP or a similar plan.

The critical need for a clear strategy for the ageing population, under which a new set of actions could sit, was expressed by a number of reference group members. City of Greater Bendigo has indicated it will be developing and driving an Ageing Strategy and it will do this in consultation with other agencies.

Nine of the ten reference group members indicated they would be willing to continue the work of the AFAP but many commented that they would like to see changes to the structure and content of the AFAP (or similar document) and the function and role of the AFAP reference group.

The AFAP reference group

Many reference group members said having a forum for sharing information and working in partnership was one of the most important aspects of the AFAP.

There was a high level of interest in the reference group meetings continuing, but recognition from some members that the role and process may need to be refined.

Most reference group members acknowledged it was difficult to get to the meetings, as they were already juggling their own roles in their own organisations as well as other positions on other regional committees (including the PCP).

Fluctuating reference group attendance as well as an apparent limited level of understanding and awareness of many of the AFAP activities reflects these comments.

Appendices

1. Reference group survey
2. List of survey responants

1. Reference group survey

Bendigo Loddon Ageing Framework Action Plan Reference Group Member Survey

This survey is to assist the preparation of a project evaluation report for the Bendigo Loddon Ageing Framework Action Plan. Thank you for your participation.

Member information

Name: _____ Role: _____ Agency: _____

Which Ageing Framework Action Plan projects were your agency involved in delivering?

1. Overall, how successful was the Ageing Framework Action Plan in achieving its objectives?

Zero Minimal Some Moderately Very

2. Overall, what level of benefit did the Ageing Framework Action Plan provide to your agency and its clients?

Zero Low Moderate High Very high

3. What level of success do you think was achieved for each of the Ageing Framework Action Plan objectives?

Please rate each from 0 - 5 (0 is zero level of success and 5 is very high level of success)

Strategic goal and objectives	Rating
1. Active model of health	
Increase the capacity of agencies to provide Strength Training for older people across the catchment (Strength Training Development Plan)	
Extend the Dance Your Way to Health project from Inglewood to other communities (Dance for Fun and Exercise Guide)	
Build capacity of agencies to extend and sustain Walking Groups with older groups not yet engaged	
2. Sustainable social support programs for older persons	
Workforce development in partnership with PAG staff	
Implement health and independence focus for older persons living in their community (PAG Tips Booklet)	
Health Promotion is evident in PAGs activities	
3. Social connections and service delivery innovations	
Seek funding with Mclvor Health for an innovative Falls Prevention Project (IFPP) in Heathcote	
Seniors week activities	
4. Promotion of Chronic Disease Management (CDM) Services to the Aged Care population	
Assist development of CDM marketing with aged care agencies	
Ensure barriers facing older persons are considered in delivery of health promotion & CDM interventions	
5. Workforce Development	
Participate in partnership with Monash School of Rural Health for capacity building of small rural health services residential aged care workforce (Encouraging Best Practice in Residential Aged Care EBPRAC Project)	
6. Planning for the Future	
Actively participate in HACC service development & planning for Bendigo Loddon	
Review the BL Ageing Framework Action Plan to identify the value to the partner agencies and determine the future role Ageing Framework implementation in the Bendigo Loddon catchment.	

4. What was the greatest disappointment/s of the Ageing Framework Action Plan?

5. What was the greatest challenge/s faced in the Ageing Framework Action Plan?

6. What was the most important learning from the Ageing Framework activities?

7. What would you have done differently?

8. What was the greatest achievement/s of the Ageing Framework Action Plan?

9. How much benefit was it to you and your agency to be part of the Reference Group for the Ageing Framework Action Plan?

Zero Low Moderate High Very high

10. How important do you think it is for the work of the Ageing Framework Action Plan to continue?

Zero Low Moderate High Very high

11. How willing would you be to continue the work of the Ageing Framework Action Plan?

Not willing Not sure Willing Very willing

2. Survey respondents

Barry Secombe, Director Community Wellbeing City of Greater Bendigo

Kaye Graves, General Manager, Healthy Communities, Bendigo Community Health Services

Rod Flavell, Manager Aged and Disability Services City of Greater Bendigo

Alana Cooper, Community Care Coordinator, Aged and Disability Services, City of Greater Bendigo

Liz Hamilton, Executive Director Community and Continuing Care, Bendigo Health

Peter Abraham, CEO of Boort District Health

Mike Parker, CEO Inglewood and District Health Service

Jude Holt, Director Corporate Services at Loddon

Suzie Taylor, Manager Community Services at Loddon Shire

Jeanette Grant, Executive Officer, Bendigo Loddon Primary Care Partnership