

BLPCP Newsflash

SEPTEMBER 2007

Ageing Framework Action Plan 2007-2009



The Ageing Framework Action Plan (2007-2009) has commenced. Our new Project Officer, Leanne McFarlane has been appointed to work four days a week to assist with the implementation of the Action Plan.

The 2007-2009 Action Plan has five strategic goals and will ensure continual commitment to a collaborative approach to explore and develop opportunities within the aged sector. It will assist in enhancing the well-being of older adults and create a system that enables people to continue to live in their community.

To achieve the outcomes of the Action Plan a number of interventions will be implemented including working with Planned Activity Group staff and volunteers to assist in the development of a Tips Booklet. A number of community conversations with older persons will also be conducted to identify issues and assist with future service planning.

If you would like to get involved, have input into the Action Plan implementation or would like to obtain a copy of the Plan please contact Leanne McFarlane Ph: 5448 1683 or LeanneMcFarlane@bchs.com.au.

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EXCITING NEW Project funded by Family Planning Victoria (FPV)

Partnerships in Safer Sex PSST!! Project.

Leanne McFarlane our new project officer has been appointed to work one day a week on an initiative developed by FPV. Leanne will be the main point of contact within the PCP and will work with FPV PSST Project Managers on implementing the project with BLPCP member agencies. The Sexual Health Task Group is the Reference Group for this project. Ring Leanne for details Ph 5448 1683.



'Partnership Forum and Annual Meeting'

Please mark in your diary the Bendigo Loddon Primary Care Partnership '**Partnership Forum and Annual Meeting**' to be held on **Friday 16 November 2007**. This time of year can be very busy so the PCP is claiming the date early.

The day will be planned by the PCP member agencies and will be full of useful information for health and community services staff and managers.

For those who are already involved or would like to attend the day please mark your calendars now. More information will be sent out soon (when the planning is complete)!



No Bullshit Therapy –

With a focus on working with people affected by drought

Presented by The Bouverie Centre

Hosted by Local State Funded Drought Counsellors

Funded by Department of Human Services

Free one day regional workshop Open to all rural counsellors / workers



This training is being offered free to counsellors from all programs, including community health, family services, mental health, problem gambling, alcohol and drug and Commonwealth funded counsellors, with a limit of 10 counsellors per service. The aim of this training is to increase the uptake of counselling by rural people who do not usually access counselling.

For Bendigo Workshop details call Susan (see below).

Registration

Although the workshop is free, you must register by submitting an application form to The Bouverie Centre. For registration forms and for future locations and dates please call Susan on ph: 9376 9844 or email: s.conduit@latrobe.edu.au.

hiv hepatitis sti education+resourcecentre

Education and Training Program 2007

To be held at
AMREP Education Centre
Alfred Hospital
Commercial Road
Prahran

All sessions are **FREE**

All you need to know

The Education & Resource Centre offers a free and confidential service for people seeking information about HIV/AIDS, Hepatitis and Sexually Transmitted Infections (STIs)

- What's Hot in STIs Thursday 27 September 2007, 9.30am to 12.30pm
- Hepatitis C Awareness Week
- People's stories Thursday 4 October 2007, 4.30pm to 6.00pm
- Nurses' Day of Study
(HIV/AIDS) Tuesday 13 November 2007, 9.30am to 4.30pm

Bookings essential to:

erced@alfred.org.au

Ph: 03 9076 2637

03 9076 6993

www.hivhepsti.info

Mental Health Training and Professional Development

The Bendigo Regional Institute of TAFE offers a range of professional development workshops and accredited training to industry, focusing on working with people with mental health issues. Delivery models include:

- **Challenging Behaviours (Or Behaviours of Concern)**
BRIT delivers a range of professional development workshops on challenging behaviours and accredited training from the Community Services Training Package (Facilitating Co-operative Behaviour – CHCCS401A). The accredited training consists of six hours of face to face delivery, flexible learning/resource guide and an assessment task based on each participant's current work context.
- **Nursing Care and Consumers with Mental Health Issues**
For Division 2 nurses BRIT offers an accredited unit from the Diploma of Nursing (HLTEN510A, Implement and monitor nursing care arrangements for consumers with mental health problems) which is delivered in partnership with Bendigo Health.
- **Introductory Mental Health Training Workshop**
This workshop is customised to your work context and can include:
 - o What are mental health problems
 - o How prevalent are mental health problems
 - o Impact on individual mental health problems

BRIT also delivers the Certificate IV in Mental Health Work (non-clinical).

For further information:

www.britafe.vic.edu.au

Ph: 1300 554 248

Pump up your tyres and dust off your helmet 'cause its time to ride to work!



Wednesday 17th October is ride to work day, so if you are a regular rider or a first time rider join in with over 60,000 people across Australia and ride to work!

Riding a bike has a number of health and environmental benefits. Long term benefits include; increased strength and muscle tone, decreased in body fat, and reduced risk of cardiovascular disease, diabetes and even some cancers. It's also a great stress buster as it releases endorphins.

If the fun, excitement and benefits of riding to work are not enough for you to join, why not join for the chance to win some fantastic prizes.

(You need to register by 30th September 2007 to go in the draw)

Prizes include;

1. An Intrepid Travel 15-day Cycle Vietnam holiday valued at over \$7000.
2. One of 14 Trek bikes (choice of hybrid or racer models) courtesy of Trek Bicycles Australia.
3. A cycling hamper for your workplace courtesy of Trek as part of the TravelSmart Workplace Challenge.

If you do not have a bike you can still join in the fun and walk to work instead. If you live too far away from work park the car a little further away and walk or ride the rest of the way.

If you and your work mates are interested why not register your organisation. Its simple just log on to; www.ride2work.com.au and follow the steps.

Remember to ride safely. Make sure your clothes are bright for maximum visibility, wear a helmet and comfortable shoes, and always abide by the road rules.

For further information on Ride to Work day visit; www.ride2work.com.au



Women on call - balancing work and life

Food, pampering and a forum at the Women's, 5-8pm, Thursday 11th October, 2007

Despite economic prosperity in Australia the balance between paid work and family life is one of the major challenges facing families, employers and governments (Human Rights and Equal Opportunities Commission, 2007).

DATE: Thursday 11th October, 2007

TIME: 5.00 – 8.00pm

VENUE: The Women's
Yvonne Bowden Auditorium

132 Grattan St. Carlton

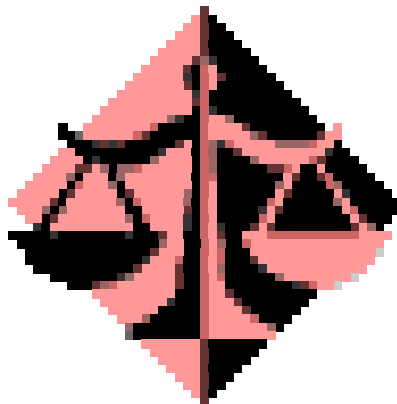
COST: Bookings ESSENTIAL
\$10 concession/\$15 full (all inclusive)

Enquiries:

Fiona Lange@absolutely women's health
03 9344 2199 or fiona.lange@rwh.org.au

Bookings:

April Fay@the Women's Hospital Foundation
03 9344 2006 or april.fay@rwh.org.au



What about getting a group together to attend?

Update on PCP Working Group Representatives (September 2007)

Drought Recovery Working Group

Bendigo & District Division of GPs
Bendigo Community Health Services
Bendigo Health
Bendigo Uniting Care Outreach
Boort District Hospital
City of Greater Bendigo
Inglewood & Districts Health Services
Inglewood & Districts Health Services
Latrobe University
Loddon Shire
Womens Health Loddon Mallee

Bruce Farnell
Sue Spencer
Ruth Hosking
Peter Abraham
Richard Murphy
Chris Elliott
Claire McLeod
Jennifer Lehman
Tim Jenkyn
Chris Kyle-Link

Health Promotion Coordinating Committee

Bendigo & District Division of GPs
Bendigo Community Health Services
Bendigo Health
Bendigo Regional Breastscreen
Boort District Hospital
City of Greater Bendigo
Dept of Human Services
Inglewood & Districts Health Services
La Trobe University
Monash Uni School of Rural Health
Sports Focus
The Salvation Army
Womens Health Loddon Mallee

Bruce Farnell
Kaye Graves
Julie Lake
Carol Gibbins
Judy Keath
Yvonne Parsons
Clare Thurman
Chris Elliott
Dr Cameron Earl
Dr Sandra Davis
Shelley Mulqueen
Maxine Maunder
Chris Kyle-Link

Partnership Development Group

Bendigo & District Division of GPs
Bendigo Community Health Services
Bendigo Health
Boort District Hospital
Centacare
City of Greater Bendigo
Country Awareness Network
Future Connections Youth Services
Inglewood & Districts Health Services
Inglewood & Districts Health Services
Loddon Shire
St Lukes
The Salvation Army
Womens Health Loddon Mallee

Bruce Farnell
Kate Hyett
Dan Douglass
Judy Keath
Margaret McDonald
Alana Cooper
Adam Wright
Kaye Callaghan
Mike Parker
Mary Evans
Sue Andrews
Marg Brooks
Lloyd Cassidy
Chris Kyle-Link

Loddon CDM Group

Boort District Hospital
Dingee Bush Nursing Centre
Department of Human Services
Inglewood & Districts Health Services
Inglewood & Districts Health Services
Loddon Shire
Murray Plains Div GP

Judy Keath
Viv Fazulla
Dee Gilby
Mary Evans
Jenny Boromeo
Sue Andrews
Matt Jones

Sexual Health Task Group

Bendigo Community Health Services
Bendigo Community Health Services
Bendigo Health
Boort District Hospital
City of Greater Bendigo
Country Awareness Network
Inglewood & Districts Health Services
La Trobe University
Womens Health Loddon Mallee

Louise Holland
Marnie Jewell
Catina Eyres
Liz Pashley
Jo McGann
Adam Wright
Rebekah Barnfield
Dr Mandy Kenny
Chris Kyle-Link

Physical Activity Consortium

Bendigo & District Division of GPs
Bendigo Community Health Services
Bendigo Health
Bendigo Regional Ethnic Communities
Boort District Hospital
City of Greater Bendigo
Inglewood & Districts Health Services
Loddon Shire
Sports Focus
Vision Australia

Jan Densley
Kaye Graves
Kay Fox
Di Parker
Kay Fox
Kendyl Hopley
Chris Elliott
Allan Stobaus
Shelley Mulqueen
Steve Monigatti

Health Connect Committee

Bendigo Division of GPs
Bendigo Health
Boort District Hospital
Loddon Shire

Bruce Henderson
Janice Osteraas
Paula Yorston
Wendy Hards

Ageing Framework

Bendigo Community Health Services
Bendigo Health
Bendigo Loddon PCP
City of Greater Bendigo
City of Greater Bendigo
Department of Human Services
Loddon Shire
Mclvor Health Services

Sue Clarke
Liz Hamilton
Jeanette Grant
Barry Secombe
Rod Flavell
Kevin Bowe
Sue Andrews
Jeff Scoble

Mental Health & Well Being

Bendigo & District Division of GPs
Bendigo Community Health Services
Bendigo Health
Bendigo Uniting Care Outreach
Boort District Hospital
Country Awareness Network
Inglewood & Districts Health Services
Inglewood & Districts Health Services
La Trobe University
Womens Health Loddon Mallee

Jan Densley
Glenys Wilkinson
Vic Tripp
Geoff Barker
Liz Pashley
Adam Wright
Chris Elliott
Paul Labour
Susan Kidd
Briget Nutting

The work undertaken by all those listed above ensures that the Service System in Bendigo Loddon is integrated, co-ordinated and planned.

Thank you all!

Bendigo Loddon
Primary Care Partnership
PO Box 1121
Bendigo Central
Victoria 3552

Phone: 5448 1624
Fax: 5448 1699

Email: blpcp@bchs.com.au

**Primary Care Partnership**
BENDIGO LODDON

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kerri-annblackwell@bchs.com.au