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Newsflash

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Our Webpage is to 'Go Live' on Friday 3 October 2008
www.blpcp.com.au

The resource you have all been waiting for is finally here!

Family Planning Victoria, through the Partnership in Safer Sex and Testing Project (PSST!), has developed a new resource that will tell you everything you need to know about sexual health and young people.

The CD has up-to-date information on sexual health services, resources and resource lists, strategic advice, workshop slides, useful proformas, and links to relevant websites. All the information you need to get started with sexual health and young people.

If you would like a copy of this CD please call the Family Planning Victoria Resource Centre (03) 9257 0146, or email the Bendigo Loddon PCP blpcp@bchs.com.au.

This resource has been made available through funding from the Department of Human Services' BBV/STI program.

Expressions of Interest for Diabetes Self Management Group

The Loddon Chronic Disease (Diabetes) Management Group has adopted an Annual Plan for 2008-2009 and one component of this Plan is to establish and support a Self Management Group for people with type 2 Diabetes in Dingee or Korong Vale.

The Project is to establish, facilitate and support the Self Management Group, based on best practice delivery and evidence. Joint submissions from two or more organisations to deliver this project will be well regarded. The Project Brief is available from the PCP office by emailing blpcp@bchs.com.au or telephoning 5448 1624.

Callout For Those Who Can Inspire Life!

Diabetes Australia-Vic is leading a Victorian Government funded, diabetes prevention initiative called **Life! Taking Action on Diabetes**.

Life! is a lifestyle behavioural change course that that can prevent or delay the onset of type 2 diabetes in up to 58% of high risk Victorians aged 40 years and over of type 2 diabetes. The Program will also assist to diagnose those who do not know they have diabetes.

Diabetes Australia - Vic will pay suitably qualified health professionals - statewide to run the 6 session course. A two-day training courses allow you to become a Life! Facilitator and the next course is scheduled for November 13 and 14.

Complete and Fax an Expression of Interest Forms by the 8th October by going to www.diabeteslife.org.au or for more information phone 9667 1773.

An Evaluation of the Integrated Health Promotion Strategy of Primary Care Partnerships and how Agencies participate

Integrated Health Promotion is a cornerstone of the PCP Strategy and anecdotal information indicates that PCPs play a critical role in facilitating and supporting the implementation of Integrated Health Promotion by member agencies.

The Victorian Government commenced the PCP Strategy in 2000 to improve the health and well being outcomes of people using primary health care services and to reduce the avoidable use of hospital, medical and residential services. An evaluation of the PCP Strategy which was undertaken in 2005 identified that the Strategy had brought about significant integration within the Primary Care system. The Strategy has brought about improved coordination of services, improved delivery of health promotion and evidence of agencies working together which has resulted in more positive experiences for consumers.

A cornerstone of the PCP Strategy is Integrated Health Promotion which is the facilitation of agencies in a catchment to work together collaboratively to address local priority health and well being issues.

A new project is being funded by DHS to evaluate the impact on member agencies of the PCP IHP Strategy. The project will explore such issues as:

- To what extent is the PCP strategy successful in meeting its stated objectives?
- What value do PCP Member Agencies place on the partnerships model of IHP?
- What factors are most likely to impact upon successful application of the IHP strategy through PCPs?

HDG Consulting will be undertaking consultations and evaluation outcomes will be used to inform future directions for the PCP IHP strategy.

Volunteer Grants Program 2008

Not-for-profit organisations can receive up to \$2,500 to help pay for their volunteers' petrol bills, as part of the Australian Government's \$21 million Volunteer Grants Program 2008.

Under the Program, grants of between \$1,000 and \$5,000 can also be used to purchase equipment, including computers, tools, air conditioners and sporting equipment.

Applications open on Saturday 6 September and close on Friday 17 October. Organisations will receive funding by the end of the year.

More information on the program, including application forms and guidelines, is available at www.fahcsia.gov.au or by calling the toll-free hotline on 1800 183 374.

Power of Partnerships - Conference at MCG on 17 and 18 November 2008

Senior Government and non-government representatives who are leading human services reform are encouraged to attend this conference which has a focus on 'Working together to create healthier communities'. Evidence from Australia and other countries demonstrates the value of partnerships in achieving a stronger service system and the Department of Human Services and the Primary Care Partnerships Chairs invite attendance at this important Conference. Speakers will include:

- The Honourable Daniel Andrews MP - Minister for Health
- Fran Thorn - Secretary, Department of Human Services
- Terry Findlay - Honorary Lecturer at the University of Glasgow
- Julie McDonald - Centre for Primary Health Care and Equity at University of NSW
- Phillip Davies - Deputy Secretary, Department of Health and Ageing Australia

Expressions of Interest in attending the Conference are now open on-line as places are limited due to size of venue.

E-Referrals

Congratulations to Dingee Bush Nursing Centre and Boort District Health who have just re-installed their PKI allowing them to receive e-referrals. Congratulations are also extended to Bendigo Community Health Services which is now PKI registered and can receive e-referrals for the Early Intervention in Chronic Disease Program via Connecting Care.

Electronic referrals or "e-referrals" are a way of sending client information to your selected service providers securely and efficiently.

To arrange the installation of PKI to allow you to receive e-referrals or any further information please contact Kathy Farr at the Bendigo Loddon PCP Ph: 5448 1683 or visit the Connecting Care Website www.connectingcare.com and follow the links.

Partnership for Strength Training in Bendigo Loddon

The Strength Training Development Plan, funded by the PCP, facilitated and project managed by Sports Focus and supported by a Reference Group of representatives from several PCP members organisations including Bendigo Health, Bendigo Regional Institute of TAFE, Bendigo Community Health Services, City of Greater Bendigo, Inglewood and Districts Health Service, Boort District Health, Loddon Shire, Vision Australia and the Department of Planning and Community Development. The purpose of the Plan is to provide a coordinated approach to the planning, development, promotion and delivery of Strength Training programs across the PCP catchment. The Group is currently planning the launch of the Plan.

Enhanced Rural Network of Strength Training (ERNOST)

The PCP has received \$18,000 from Seniors 'Go for your life' Strength Training for Older Adults Improvement program to implement the ERNOST program. ERNOST is a partnership project between: Bendigo Community Health Service, Bendigo Health, Boort District Hospital, Dingee Bush Nursing Centre, Inglewood and Districts Health Service, Loddon Shire and Mclvor Health and Community Services. ERNOST will improve Strength Training groups in Boort, Inglewood, Serpentine, Tarnagulla, Wedderburn, Elmore and Heathcote and a new group will be established in Dingee. It is an exciting time for strength training across the catchment.



Loddon Mallee Housing Services

On Thursday 4 September 2008, the Bendigo Loddon PCP participated in supporting Housing Week at Lansell Plaza. Jeanette Grant, Leah Wilson, Kathy Farr and Kerri-Ann Blackwell joined with Kerry Ashley and staff from Loddon Mallee Housing Services.

Photo from left - Kerry Ashley, Kerri-Ann Blackwell, Kathy Farr and Leah Wilson.

Planned Activity Group Resource

The Bendigo Loddon Ageing Framework Reference Group has recently published a Booklet to assist Planned Activity Group (PAG) staff with tips on enhancing the health and well being of the participants of the PAGs in the City of Greater Bendigo and the Loddon Shire.

The Resource Booklet contains information on Planned Activity Programs, Checklist for Program Planning, Tips to increase active living, tips for healthy eating, tips for positive mental health and a list of the HACC funded PAGs in the Bendigo Loddon catchment.

For a copy of the booklet please email blpcp@bchs.com.au or telephone 5448 1624.

Free Dinner and beyondblue Workshop

Learn how to recognise depression.

Tues 7 and Wed 8 October 2008 • Dinner: 5:00 - 6:00pm • Workshop: 6:00 - 9:00 pm

Elmore Supper Room Hall, Hervey St, Elmore • To register: Phone Jeanette 0417 054868 or Dean 0419 320770

Presented jointly by beyondblue and Central Victoria General Practice Network (CVGPN).

Victorian Health Care Awards

Congratulations to Bendigo Health for their Gold Award in the 'Improving health service safety and quality' category. The Award was for reducing seclusion of patients.

Congratulations also to the Loddon Mallee Health Alliance which was Highly Commended in the Secretary's Award Category for its 'Connecting clients 2 Care: remote patient monitoring' Program.

The VCOSS - HE STA 2008 Leaders' Dinner

INVITATION TO ALL COMMUNITY SECTOR CEOs and BOARD CHAIRS

Thursday 9 October 2008 - The Streeton Room, Naval and Military Club, 27 Little Collins St, Melbourne.

This Thursday evening dinner will be hosted by the VCOSS CEOs and Presidents Forum, and will focus on the future of the community sector and the sustainability of current models of care. It will be a fabulous opportunity to listen to engaging presenters with creative and inspiring vision whilst networking with peers.

For more information please contact jennifer.heaney@vcoss.org.au

Women's Advocacy Skills Development

Join the celebrations to mark 100 years of Victorian women's right to vote by participating in workshops aimed at developing women's advocacy skills.

Facilitated by Janet Powell, former Senator for Victoria and Leader of the Democrats. Janet comes from a rural background with an active interest in social justice, human rights and women's issues.

Janet will lead a workshop covering: Why advocate?, What is advocacy and where should it be targeted for best results?, Examples of advocacy campaigns, How to develop an advocacy campaign, Techniques for advocacy – what to expect and practical tips.

Date: Monday 13 October 2008
Time: 9.30am – 4.30pm
Location: St Andrews Church, The Randall Room, 24 Myers Street, Bendigo
Cost: FREE ~ places are limited
Phone: Women's Health Loddon Mallee on 5443 0233 to book

Ride to Work Day 2008

Ride Free – Join the Commuter Evolution

It's time to start thinking about getting ready for the National Ride to Work Day on **Wednesday, October 15, 2008.**

So wheel out that bike from the shed, dust off the cobwebs, pump up the tires, oil the chain, tighten the brakes, pull out the helmet from under the bed and get behind this event.

This is the perfect opportunity to start commuting to work by bike. So join in the fun and congratulate yourself with a celebration free community breakfast in the

Civic Gardens, 7.30am to 9am.

Feel fit – Save Money – Reduce Carbon

Visit www.ride2work.com.au to get registered on line and access a host of information and resources.

Community Expo

“A showcase of resources to support local leaders meet the future needs of their communities”

Friday 17 October 2008 Bendigo Town Hall 3.00 pm - 9.00 pm

Visit a range of exhibits to find out more about resources available to support local community and not-for-profit organisations in the following areas:

- | | |
|--|--|
| <input type="checkbox"/> Advice, Support & Planning | <input type="checkbox"/> Marketing & Communication/Event Management |
| <input type="checkbox"/> Education & Training | <input type="checkbox"/> Philanthropy, Funding, Finance & Governance |
| <input type="checkbox"/> Environment & Conservation | <input type="checkbox"/> Sport & Recreation |
| <input type="checkbox"/> Government Programs (Federal/State/Local) | <input type="checkbox"/> Volunteer Programs |

For more information about the Community Expo and Forum visit www.lmclp.org.au, email skillsbank@lmclp.org.au or contact Julie Slater on 5498 3270

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