

PO Box 1121
Bendigo Central
Victoria 3552
Phone: 5448 1624
Fax: 5448 1699
Email: blpcp@bchs.com.au
www.blpcp.com.au

Newsflash

www.blpcp.com.au

NOVEMBER 2008

INSIDE THIS ISSUE:

National Seniors Australia	2
BRIT: Mental Health Training and Professional Development	2
AIDS Awareness Week	2
Men's Behaviour Change Programs and Anger Management Programs	3
Our Community Photobank	4
Bendigo Bank Lakeside Fun Run	4
Working with newly arrived African Communities	4
La Trobe University	4
Victorian Community History Awards	4

Newsflash Survey 2008

Please take two minutes to complete our internet survey so that we can ensure that Newsflash stays relevant and informative.

The staff of the PCP office produce Newsflash each month to keep you informed of issues for Health Promotion, Service Coordination, accessible training and other events.

We want to make sure Newsflash is useful to you and your organisation and value your opinion and comments.

To complete the Survey, please follow this link:

http://www.surveymonkey.com/s.aspx?sm=L6A4X7WKDA1DtTJY3ZR30g_3d_3d

Plugging the Gaps

Increasing victim safety and offender accountability with each response to domestic violence.

The Loddon Campaspe Integrated Family Violence Consortium is pleased to offer this unique opportunity to learn more about Coordinating Community Responses to domestic violence with Graeme Barnes from the Duluth Abuse Intervention Program, USA.

The Duluth Model is recognised internationally as the leading tool to help communities eliminate violence in the lives of women and children. The model seeks to eliminate domestic violence through written procedures, policies, and protocols governing intervention and prosecution of criminal domestic assault cases. The Duluth Model was the first to outline multi-disciplinary procedures to protect and advocate for victims.

<http://theduluthmodel.org>

The Domestic Abuse Intervention Program offers training and resources based on The Duluth Model to help domestic violence workers, practitioners in the criminal and civil justice systems, human service providers, and community leaders make a direct impact on domestic violence.

Date: 6th November 2008

Time: 9.00 – 4.30 pm

Location: All Seasons Quality Resort, 171- 183 Mclvor Road, Bendigo

Cost: \$75

Contact: Cheryl Munzel
Integrated Family Violence Program Coordinator EASE
(03) 54303000 cheryl.munzel@ease.org.au

Item from Monash University, Medicine, Nursing and Health Sciences, Office of Research, School of Rural Health. Newsletter of the Office of Research - Volume 3: Issue 3: September 2008.

National Seniors Australia

Congratulations to Dr Sam Davis and Karly Smith who have been awarded a National Seniors Productive Ageing Centre Grant. The project "Being involved in the country: productive ageing in different types of rural communities" is a joint collaboration with Bendigo Loddon Primary Care Partnership and was one of only four successful grants awarded this year. This important research involves conducting a comprehensive survey throughout Northern Victoria over the next twelve months and will obtain essential data in relation to productive rural ageing.

Bendigo Regional Institute of TAFE: Mental Health Training and Professional Development

BRIT offers a range of professional development workshops and accredited training to industry, focusing on working with people with mental health issues. BRIT's specialist facilitators and industry consultants have a proven ability to deliver effective training to meet your needs. BRIT's suite of training products and delivery models include:

- Mental Health First Aid
- ASIST (Applied Suicide Intervention Skills Training)
- Challenging Behaviours (Or Behaviours of Concern)
- Nursing Care and Consumers with Mental Health Issues
- Introductory Mental Health Training Workshop

BRIT is also able to develop Mental Health training tailored to meet the needs of your organisation both in terms of content and delivery model. Material will have a practical focus and be customised to the relevant participant's work context. There are also a range of additional accredited units and courses that BRIT currently delivers related to mental health training, such as the Certificate IV in Mental Health Work (non-clinical).

For further information contact Bendigo Regional Institute of TAFE: Phone 1300 554 248

AIDS Awareness Week

24 November to 1 December 2008

To raise awareness of the impact of HIV / AIDS, Country Awareness Network (CAN) along with other local service providers and community groups are sponsoring local events in the Loddon Mallee region during AIDS Awareness Week.

This year's AIDS Awareness Campaign is: **Enjoy life. Take control. Stop HIV / AIDS.**

If you or your organisation would like to assist with fund-raising by selling Red Ribbons to increase awareness within our community to the issues of HIV/AIDS please contact CAN - can@can.org.au

The scheduled events for AIDS Awareness Week include:

- **A Poster Exhibition and Competition.** The Bendigo event organisers are inviting local and regional young people up to the age of 18 to submit designs and artworks to promote AIDS Awareness Week and World AIDS Day (1 December 2008). Entries in all mediums are welcome including photographic, hand drawn or digital works.
- **Red Ribbon Rock Concert.** The event organisers are inviting musicians and bands to express their interest in performing at the concert.
- **Art Competition / Exhibition.** Organisers are seeking local and regional artists to participate by submitting designs and artworks. Entries in all mediums are welcome including photographic, sculptural, hand drawn or digital works. The only direction provided is that the art work must include a red ribbon.

For further information please contact:

CAN Resource Centre, 34 Myers Street, (PO Box 1149) Bendigo 3552

Ph: 5443 8355 email: can@can.org.au

WHAT IS THE DIFFERENCE BETWEEN MEN'S BEHAVIOUR CHANGE PROGRAMS AND ANGER MANAGEMENT PROGRAMS?

Anger Management Programs	Men's Behaviour Change Programs
Geared towards perpetrators of non-intimate violence.	Specially designed for men's use of violence towards family members.
Focus of program is to teach participants to control and express anger appropriately.	Men are taught about the different types of abuse as well as about the dynamics of abuse.
Participant's violence is viewed as a "momentary outburst of anger".	Violence is viewed within a broader power and control context.
Focus is on what makes the participant "angry" – i.e., it could be his partner's "nagging" – therefore they can unwittingly support victim blaming.	Focus is on the man's belief system (which is reinforced by broader society) and how that influences his behaviour.
Anger management doesn't take into account the premeditated and controlling behaviour associated with abuse.	Focus is on man making a choice to use power and control tactics in order to gain or maintain control.
Anger management programs "psychologise" violence by reinforcing that violence is the result of individual deficiency – or perhaps implies that the man is helpless to control his actions.	Men's Behaviour Change programs see the use of violence as part of a wider cultural context that condones violence. Men are not seen as "sick" – using violence is a choice.
Programs are offered independent of concerns for the partner's safety.	Safety of women and children is the primary objective of Men's Behaviour Change programs.
No partner contact.	Partner contact key component of the program.
Anger management programs often teach the man to be even more controlling because they focus on the "control of emotions".	Men's Behaviour Change programs focus on man taking responsibility for his behaviour by acknowledging his behaviour and by examining impacts on women and children.
Can feed into the man's tendency toward self-pity and self-deception and his need to dwell on his own discomfort.	Focus is on choice of behaviour and impact on family. Accountability and taking responsibility is paramount.
Anger management programs take the focus off protecting the victim and into "treating" the man.	Men's Behaviour Change programs main focus is on safety and wellbeing of the family.
Programs are often very brief – studies have shown short term interventions can actually be less effective than no treatment at all.	Programs run from between 12 to 52 sessions – comprehensive programs.
Studies have shown anger management programs less effective in re-offending rates.	Studies have shown Men's Behaviour Change programs are more effective in re-offending rates.
Program not necessarily part of integrated court and justice response.	MBC programs are an integral part of justice response and integrated into the broader family violence service system.
Anger management is a therapeutic program – can send messages that domestic violence is not a crime.	Strong links to criminal justice system sends a strong message that domestic violence is unacceptable and in some cases a crime.
Anger management programs are not suitable for men who are violent and controlling with their partners, family members or kin and studies have shown that men can become more dangerous.	Men's Behaviour Change programs with their focus on a power and control analysis, accountability and partner contact have been proven to be safer for women and children.
Anger management programs are not funded by the Victorian Government nor accredited by the peak body No To Violence.	Men's Behaviour Change programs in Victoria are funded by the Victorian Government and accredited by the peak body No To Violence.

This material has been sourced from a number of resources including:

"Improving the sentencing of domestic violence offenders in Maine: A proposal to prohibit anger management therapy". Molly Butler-Bailer. Maine Bar Journal – Summer 2006

- Various publications from Dr. Ed Gondolf

- Various publications from "No To Violence" Betty Taylor and Brian Sutherland Ellen Pence

Thanks to the Loddon Campaspe Family Violence Advisory Committee for preparing this information.

Did you know?

Photobank gallery provides community groups with a growing library of photos that they can use in developing marketing materials. All photos are available free for non-commercial use under a Creative Commons license. Visit the website for further information: <http://www.ourcommunity.com.au/marketing/photobank/>

Bendigo Bank Lakeside Fun Run

This event will keep you fit and raise money for Bendigo Health.

Sunday 9 November 2008

10 km run, 5km run or walk, and the Piggy Pursuit (1.6km)

How to Register: Online at www.sportsfocus.com.au or phone: 5442 3101

WORKSHOP: Working with newly-arrived African Communities on issues relating to Blood-Borne Viruses and Sexually Transmissible Infections

This workshop will provide an overview of the various perceptions, beliefs and barriers that exist in the newly-arrived African communities in relation to sexual health issues, particularly HIV, Hepatitis C and Sexually Transmissible Infections. The workshop is organised by the Multicultural Health and Support Service (a program of the Centre for Culture, Ethnicity and Health).

This workshop will be held on Wednesday 26 November 2008 at the Centre for Culture, Ethnicity and Health, 81-85 Barry Street, Carlton.

Bookings or enquiries to: enquiries@ceh.org.au or phone 9342 9700

La Trobe University: Showcasing evidence in rural and regional health

This is a dynamic event intending to address various aspects of evidence based practice and is an opportunity to focus on valuable activity occurring within the region.

The week long event is aimed at bringing together experts in the field from both academe and industry and health science research students. This event will provide an excellent opportunity to discover the latest research directions and thinking in academic and clinical settings as well as to develop new collaborative links.

Venue: Latrobe University, Bendigo Campus Health Science Building

Date: Monday 8 December to Friday 12 December 2008

The Health Science Faculty is proud to offer this event at no cost to attendees. For further information please contact the event convener m.bish@latrobe.edu.au.

VICTORIAN COMMUNITY HISTORY AWARDS

The next Victorian Community History Awards 2009 are now open.

The Awards aim to develop awareness of community history throughout Victoria. The Awards promote excellence in historical research and acknowledge that history can be presented in a variety of formats.

The Awards comprise a \$5,000 first prize and six \$1,000 prizes for the category finalists which include:

Best Collaborative / Community Work

Best Print / Publication

Best Audio – Visual / Multimedia

Best Exhibit / Display

Best Walk / Tour

Best Community Research, Registers and Records

Entries close at COB, on Friday, 27 February 2009.

For further information ring Information Victoria on 1300 366 356 or (03) 9603 8806, email infovic.marketing@diird.vic.gov.au or download an entry form from the website www.vic.gov.au/historyawards

If you would like to subscribe or unsubscribe to Newsflash please advise via email:

kerri-annblackwell@bchs.com.au

