

## Exploding the Myths about Connectingcare.com

May 2007

Inside this issue:

### *Did you know:*

- An organisation does not need to have encryption installed to send an electronic referral on Connectingcare.com, only to receive.
- Encryption keys can be obtained free of charge from the Health e-Signature Authority.

If your organisation is interested in obtaining a Health Electronic Signature Authority (HESA) key to receive secure electronic referrals and communications, **please contact our e-referral Project Officer Annette Raison at the Bendigo Loddon PCP on 5434 4300**

### The following members of the Bendigo Loddon PCP are currently set up to receive e-referrals :

#### Department of Human Services

- Specialist Information and Referral Team
- Childrens Services
- Disability Client Services

#### Bendigo Health Care Group

- HART/ACAS
- Rural Health Team

#### Northern Districts Community Health Service

- All Services

#### Shire of Loddon

- HACC Services
- Maternal and Child Health

### The following BLPCP members are in the process of installing / extending encryption:

#### Inglewood District Health Service

#### Boort District Hospital

#### City of Greater Bendigo

- Aged and Disability Services

#### Bendigo Community Health Services

- Early Intervention in Chronic Disease Management

#### St Lukes

- Bendigo

### What can the BLPCP do to assist your organisation/service?

- Obtain and install encryption keys and setting up on Connectingcare.com.
- Provision of training at no cost.
- Communication Strategies.
- E-Business rules and change management.

<i>MONASH University Skills for Practice</i>	2
<i>BEATING THE BLUES</i>	2
<i>Introducing Liz Hamilton</i>	2
<i>ASIST 2-day Suicide</i>	3
<i>Older Persons Legal Program</i>	3
<i>Partnership Evaluation</i>	4
<i>Sorry Day Melbourne 2007</i>	4

## We now have a PCP Target!

The monthly average number of e-referrals in the BLPCP is 12 and our equivalent PCP in Grampians Region is 354. BLPCP has the capacity to get to this figure within the next 12 months however, 45 is definitely achievable by June 2007.

## Will you help to reach the target?

Try electronic referral on the Connecting Care website  
[www.connectingcare.com.au](http://www.connectingcare.com.au)

## Attention Health Workers, Policy Makers, Environmental Planners & Youth Workers

### **MONASH University Short Course in Health Promotion: Skills for Practice**

This course is provided to meet the growing demand for health promotion in workplaces and organisations both within and outside of the health sector. This course will cover health promotion concepts, frameworks and core skills to increase the success of your health promotion practices and strategies. For further details about this course go to the Monash Health Promotion Short Course website at :

<http://med.monash.edu.au/healthsci/healthpromoshortcourse.html>

**Venue:** Monash University Conference Centre  
Level 7, 30 Collins Street, Melbourne

**When:** 9.00am to 5.00pm  
Monday 18 June to Friday 22 June 2007

**Cost:** \$995 (GST inc)

**Registration:** Jackie Doyle Ph: 03 9904 4447

[jackie.doyle@med.monash.edu.au](mailto:jackie.doyle@med.monash.edu.au)

## **BEATING THE BLUES**

### **A program for men who are experiencing Anxiety or Depression**

St Luke's Anglicare and Bendigo Community Health Services are running a program for men called BEATING THE BLUES. Designed specifically for the needs of men, this innovative program will be delivered over 7 sessions commencing on Tuesday evening 24 May 2007.

BEATING THE BLUES provides a well structured informative and educational self help program designed to equip men with additional personal skills in managing their mood with regard to depression or anxiety. The program provides information on depression and anxiety and how it affects men, an overview of different approaches to the various forms of treatment available, and information on good self-care.

#### The workshop will cover:

1. What causes depression
2. What drug, psychological and holistic treatments are available
3. How to relax
4. How to deal with irrational thoughts
5. How to motivate yourself and get out of the doing nothing trap
6. What holistic health therapies can do to help your health and wellbeing
7. Establishing some self care strategies

**When:** Thursdays from 24 May to 5 July 2007

**Time:** 7pm to 9pm

**Venue:** St Lukes Anglicare  
175 Hargreaves St, Bendigo

**Cost:** Free

For further information and bookings please contact:  
Andrew at St Lukes Anglicare Phone: 5448 1100

## **PCP EXECUTIVE COMMITTEE MEMBER**



Liz Hamilton has been appointed as the Executive Director of Community and Continuing Care at Bendigo Health Care Group. Liz has over 28 years experience working in acute health, sub-acute services, aged and community care and she has come from Austin Health where she has been Director of Aged and Residential Care Services for the past 4 ½ years. Her previous positions have included the Chief Occupational Therapist, Home Therapy Co-ordinator and Community Programs Manager at Bundoora Extended Care Centre. She has a strong interest in, and commitment to, the development of programs that offer clients and their carers improved choices, continuity of care and better health care outcomes. Liz is a member of the Executive Committee of the Bendigo Loddon Primary Care Partnership (BLPCP).



## ASIST *Applied Suicide Intervention Skills Training* 2-day Suicide First Aid Workshop

ASIST is a 2-day skills-based workshop that helps equip people for suicide first-aid. The emphasis is on increasing your ability to promote the immediate safety of someone who may be at risk of suicide and providing links to further help.

ASIST helps increase your ability to recognise when someone may be at risk of suicide and reach out in a supportive way that links them with further resources.

Facilitator: Bob Wilson  
(Accredited ASIST trainer)  
Date: Thursday 7 June and Friday 8 June 2007  
Time: 8.30am to 4.30pm  
Cost: \$30.00  
Venue: Wycheproof (to be confirmed)  
Registration: Catherine Fuller  
Email: [cfuller@netcon.net.au](mailto:cfuller@netcon.net.au)  
PH: 03 5472 5333

### Further Workshops

ASIST is a two-day workshop that prepares professionals, and others to provide suicide first aid intervention to persons at risk of suicide.

#### By participating in ASIST, you will become better able to:

- identify situations in which someone may have thoughts of suicide;
- understand how your beliefs and attitudes can affect suicide interventions;
- seek a shared understanding of the reasons for thoughts of suicide and the reasons for living;
- review current risk and develop a plan to increase safety from suicidal behavior for an agreed amount of time;
- follow up on all safety commitments, accessing further help as needed.

Participation in the full two days is required. Enjoy small group discussions and skills practice. Experience dramatic videos on suicide intervention. Feel challenged and safe. Learn how to prevent the immediate risk of suicide. Participants say the workshop increased their confidence and ability to recognize and approach someone who may be at risk of suicide and provide links to further resources.

During the next few months, two Asist Programs will be held in the Bendigo Loddon PCP catchment and will be arranged by our neighboring PCP in Central Victoria (Central Victorian Health Alliance). 30 people already are on the waiting list so there are 10 vacancies left. If any nurses or other clinicians would like to attend this course at the subsidized cost of \$30 please email Catherine Fuller [cfuller@netcon.net.au](mailto:cfuller@netcon.net.au)

## Older Persons Legal Program

The Loddon Campaspe Community Legal Centre has advised of the two year project for older persons, which commenced in May 2006. The program aims to increase access to justice for older people by specialising in legal issues that affect older people and by breaking down barriers that older people face when accessing the law.

The program also provides community legal education workshops on a range of topics affecting older people.

Contact the program to organise a workshop for your organisation or community group. The program also provides professional education to community and healthcare workers on legal issues affecting older people. Community and healthcare workers are able to telephone the program for legal information and referral for clients.

The Older Persons Legal Program is part of the Loddon Campaspe Community Legal Centre and is located at 29 Queen Street Bendigo.

The program can provide advice and information on issues

including:

- Accommodation (nursing homes, hostels, retirement villages, tenancies)
- Elder abuse (financial, psychological, physical, sexual or neglect)
- Grand parenting
- Wills, Powers of Attorney, Guardianship and Administration
- Welfare issues
- Health (advanced care plans)
- Financial and consumer issues

Family Care Agreements/property disputes. Contact 5444 4364 local call or 1800 639 121 if you live or work outside Bendigo.

# Partnership Evaluation

Primary Care Partnerships have been requested to apply a partnership evaluation tool to analyse the strengths and deficits of the partnership. This will enable a quality improvement plan to be established to enhance the partnership effectiveness.

The Executive Committee of the BLPCP has chosen the VicHealth Checklist for Partnership in Health

Promotion evaluation and this will be distributed to all partners over the next two weeks. In this checklist, partners rank themselves against each of the items which describe the key features of a successful partnership. The checklist is designed to provide feedback on the current status of the partnership and suggest areas that need further support and work.

Partner organisations are not required to state their name or author on the checklist. Once we receive your checklist back, the results will be collated and we will use the outcome to prepare an action plan for the next twelve months of the partnership. This will assist in strengthening the Bendigo Loddon Primary Care Partnership and will enable the BLPCP Office to understand the role you wish us to play in providing assistance to the partners.

## SORRY DAY MELBOURNE 2007

'Understand Us: Stand by Us' – Information from the 2007 Statement for Sorry Day Saturday May 26 in Victoria marking the Tenth Anniversary of the *Bringing Them Home Report*

1997 shocked the country with a report of public evidence and testimonies of both Indigenous and non-Indigenous people from all over Australia. The *Bringing them home Report* by HREOC captured the strength, struggles, hardships and sacrifices by Aboriginal and Torres Strait islander people who were forcibly removed by government -through policy and practice- from their families. The Report highlighted 54 Recommendations as steps towards justice. There were promises and there was hope that these recommendations would be directed towards healing and reconciliation in the nation.

Since that report, and in keeping with one of its Recommendations, Sorry Day has been held nationally around the country to commemorate that history of forcible removals and its effects. We are confident in the bridge walks, the apologies of Australians, Church Groups and Local Government and the many steps we have walked together towards fulfilling promises and healing together. We are less confident in the fulfillment of ALL THE RECOMMENDATIONS including the apology to Stolen Generations their family and community for the inhumane and genocidal treatment by the Australian Governments.

2007 is a significant year for all Sorry Day events as we reflect on the last 10 years. Of the 54 Recommendations of that report, Australians ask *What has been done? What have we done together? What still needs to be done?* We are calling on all communities to make a special effort to commemorate the 10th Anniversary of the *Bringing Them Home Report*."

*Melissa Brickell* – Chairperson

on behalf of *Stolen Generations Victoria Ltd Sorry Day Committee*

### Media contact Peter Lewis 0400 586 617

For information on the day's events contact Rob De Angelis, Sorry Day Coordinator on 03 94866122;  
email [StolengensvicSorryday@hotmail.com](mailto:StolengensvicSorryday@hotmail.com)

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